

1. Record Nr.	UNINA9910797322003321
Titolo	Treating military sexual trauma // Lori S. Katz, PhD, editor
Pubbl/distr/stampa	New York, New York : , : Springer Publishing Company, , 2016 ©2016
ISBN	0-8261-2779-7
Descrizione fisica	1 online resource (325 p.)
Disciplina	616.85/83690651
Soggetti	Sexual abuse victims - Treatment Sexual harassment in the military Women soldiers - Mental health Women soldiers - Crimes against
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Cover; Title; Copyright; Contents; Contributors; Foreword; Preface; Acknowledgments; Share Treating Military Sexual Trauma; Section I: Understanding Military Sexual Trauma; Chapter 1: What Is Military Sexual Trauma?; Definition; Prevalence; Reporting and Disclosure; Why is Sexual Trauma Higher in the Military?; Unique Factors of MST; Normal Reactions to Sexual Trauma; Seeking Treatment; References; Chapter 2: Historical and Military Cultural Context of Military Sexual Trauma; Sexual Violence Over Time and in Context; Military Culture and Sexual Violence; Conclusion; References Chapter 3: Attachment, Neurobiology, and Military Sexual TraumaIntroduction; Early Life Trauma and the Emergence of the Emotional Response; Lifetime Cumulative Effect of Trauma and the HPA Axis; Additional Factors Contributing to Long-Term Vulnerability/Resiliency; Experiencing MST; Summary and Conclusion; References; Chapter 4: Came to Serve, Left Betrayed: Military Sexual Trauma and the Trauma of Betrayal; Introduction; Betrayal Trauma; Clinical Implications: Understanding the Role of Betrayal in Repairing Issues of MST; Conclusion; References Section II: Treatments for Military Sexual TraumaChapter 5: Affect

Regulation for Military Sexual Trauma; The Neurophysiology of Stress; Psychological Issues in Treatment; Affect Regulation; Cope Strategy; Conclusion; References; Chapter 6: Military Sexual Trauma and Treatment of Sleep Disorders and Nightmares; Sleep Disorders, Nightmares, and Sexual Trauma; Assessment; Interventions; References; Chapter 7: Substance Abuse, Military Sexual Trauma, and the Seeking Safety Model; MST and Substance Abuse; Seeking Safety-An Overview; Principles of Seeking Safety; Example of a Treatment Course Seeking Safety in MST Survivors: Guidance for Clinicians Conclusion; Government Resources Related to Substance Abuse Treatment; References; Chapter 8: Prolonged Exposure and Cognitive Processing Therapy for Military Sexual Trauma-Related Posttraumatic Stress Disorder; Theoretical Overview of Cognitive Behavioral Trauma-Focused Therapies; Therapeutic Components; Empirical Evidence for Trauma-Focused Treatments; Common Clinical Issues in Treating MST-Related PTSD; Conclusion; Acknowledgment; Note; References; Chapter 9: Treating Military Sexual Trauma With EMDR Therapy; Overview of EMDR Therapy EMDR Therapy: A Three-Pronged Approach Theoretical Underpinnings; Professional Organizations Recognize the Efficacy of EMDR Therapy; References; Chapter 10: Acceptance and Commitment Therapy: A Case Study for Military Sexual Trauma; Acceptance and Commitment Therapy; Acknowledgment; References; Chapter 11: Treating Military Sexual Trauma With Somatic Experiencing; Somatic Experiencing; Trauma and the Body; Military Sexual Trauma and the Body; Treatment of MST: Using Somatic Experiencing; Working with Trauma: The Case of Jill; References Chapter 12: Healthy Sexual Functioning After Military Sexual Trauma: An Interview With Wendy Maltz

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Sommario/riassunto

""Sexual assault within the military represents an ongoing epidemic that only recently has received the long-overdue attention it so desperately deserves. The health and well-being of the victims of sexual assault has just recently been acknowledged as equally important to that of the crime [itself] . . . . This book is so important in part because it continues this emphasis on caring for the victim. "" . -- Carl A. Castro, Ph.D., Colonel, U.S. Army (Ret.), University of Southern California. An evidence-based text for understanding and treating MST from multiple perspectives. The incidence of s

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