

1. Record Nr.	UNINA9910797307703321
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Titolo	Lucky to be a teacher : life-changing affirmations for positive classrooms // Louise A. Chickie-Wolfe
Pubbl/distr/stampa	Thousand Oaks, Ventura County, California : , : Corwin, , 2009 ©2009
ISBN	1-4522-7234-4 1-4522-1587-1
Edizione	[Second edition.]
Descrizione fisica	1 online resource (96 p.)
Altri autori (Persone)	Chickie-Wolfe Louise A
Disciplina	371.102
Soggetti	Educational counseling Affirmations
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Second Edition of Cognitive Nourishment."
Nota di contenuto	<p>""Cover""; ""Contents""; ""Preface""; ""Acknowledgments""; ""About the Author""; ""Introduction""; ""Affirmations, Elaborations, and Guided Reflections""; ""Affirmation 1 - I believe in the inherent worth of each student.""; ""Affirmation 2 - I make a difference in the lives of my students.""; ""Affirmation 3 - I create a safe and friendly atmosphere in my classroom.""; ""Affirmation 4 - I smile a lot and am very positive in my work.""; ""Affirmation 5 - I say exactly what I mean and mean exactly what I say.""; ""Affirmation 6 - I am fair and considerate of my studentsa€? feelings.""</p> <p>""Affirmation 7 - I am creative and competent."" ""Affirmation 8 - I realize that teaching is a profession of utmost importance."";</p> <p>""Affirmation 9 - I believe that children are our most important natural resource.""; ""Affirmation 10 - I am a lifelong learner, and my students know it.""; ""Affirmation 11 - I am organized, and I plan ahead."";</p> <p>""Affirmation 12 - I believe that teaching is satisfying and rewarding."";</p> <p>""Affirmation 13 - I am not the same teacher I was yesterday, because each day I learn and experience more.""</p> <p>""Affirmation 14 - I remember how much it hurts to fail, and I am patient and understanding with studentsa€? difficulties."" ""Affirmation 15 - I do not take personally anything said to me in anger by a student.""; ""Affirmation 16 - I am consistent and knowledgeable in my</p>

field.""; ""Affirmation 17 - I know my studentsa€? abilities, and I have realistic expectations for each of them.""; ""Affirmation 18 - My students and I become a family.""; ""Affirmation 19 - I celebrate every milestonea€?even the smallest ones.""; ""Affirmation 20 - I help my students find academic and personal success.""
""Affirmation 21 - I model honesty and dependability.""""Affirmation 22 - I encourage my students to think.""; ""Affirmation 23 - I enjoy the diversity of my students.""; ""Affirmation 24 - I share positive moments from my class with colleagues.""; ""Affirmation 25 - I know how the brain works best, and I teach accordingly.""; ""Affirmation 26 - I make personal connections with my students.""; ""Affirmation 27 - I help my students make personal connections to what they study."";
""Affirmation 28 - I incorporate service projects into my teaching.""
""Affirmation 29 - I welcome change and handle it easily.""""Affirmation 30 - I seek and find peace in my workplace as I help build a better world.""; ""Affirmation 31 - I respect my students, and they respect me.""; ""Affirmation 32 - My students and I have fun together."";
""Affirmation 33 - My students and I learn together.""; ""Your Own Personalized Affirmations""; ""References""

Sommario/riassunto

This gem of a workbook expands on 33 affirmations and reflection questions to help readers establish goals, maintain a positive perspective, and remain committed to excellence.
