

1. Record Nr.	UNISA996387804703316
Titolo	Letters from the Marquesse of Argyle, the Earle of Lanerick, Lord Warriston, and others now at Edinburgh, to their friends at London [[electronic resource]] : Intercepted by Sir Richard VVillys governour of Newarke, and printed faithfully by the originals
Pubbl/distr/stampa	Oxford, : Printed by Henry Hall printer to the University., 1645
Descrizione fisica	[2], 10 p
Altri autori (Persone)	ArgyllArchibald Campbell, Marquis of, <1598-1661.> WillesRichard, Sir, <1613 or 14-1690.> HamiltonWilliam Hamilton, Duke of, <1616-1651.> WarristonArchibald Johnston, Lord, <1611-1663.>
Soggetti	Great Britain History Civil War, 1642-1649 Early works to 1800 Scotland History Charles I, 1625-1649 Early works to 1800
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	The letters are dated 26 January to 15 March 1645. Annotation on Thomason copy: "April 24". Reproduction of the original in the British Library.
Sommario/riassunto	eebo-0018

2. Record Nr.	UNINA9910797169403321
Autore	Cornell Joseph Bharat
Titolo	The sky and earth touched me : sharing nature wellness exercises // Joseph Bharat Cornell
Pubbl/distr/stampa	Nevada City, California : , : Crystal Clarity Publishers, , [2014] ©2014
ISBN	1-56589-550-9
Descrizione fisica	1 online resource (140 p.)
Disciplina	155.91
Soggetti	Nature - Psychological aspects Environmental psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di contenuto	The Sky And Earth Touched Me; CONTENTS; Foreword; By Tamarack Song; How to Use This Book; Part One:; 1. The Great Teacher and Healer; 2. The Heart of Nature; 3. Forest Bathing; 4. Nature and Me; 5. The Sky and Earth Touched Me; 6. Expanding Circles; 7. Living in the Present; The Vibrant Peace Walk; 8. I Am the Mountain; 9. The Benevolence of Life; Flow with Life; 10. All Good Things Come from Stillness; Watching the Breath Meditation; A Lake Is Like the Mind; 11. Giving to Life; Part Two:; 12. Sharing with Friends; 13. Camera; 14. Silent Sharing Walk; 15. The Trail of Beauty 16. Journey to the Heart of Nature17. Vertical Poem; 18. The Birds of the Air; Part Three:; 19. Communing with Life; 20. Living in Oneness; Sky and Earth Online Resources; Sharing Nature Worldwide; Appendix:; The Birds of the Air Musical Score
Sommario/riassunto	Wild seashores and woodlands calm and refresh our spirits. Contact with nature enhances our wholeness and well-being. The powerful, compelling exercises in this book can help readers become immersed in nature's joyful and healing presence. Read <i>The Sky and Earth Touched Me</i> in a garden, backyard, or park. Part One is designed for personal practice; Part Two can be shared with a friend or a group. Practice these exercises, and discover invaluable nature awareness principles.

