

1. Record Nr.	UNINA9910797113903321
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Titolo	Foundations of theory for ancient Chinese medicine : shang han lun and contemporary medical texts // Guohui Liu
Pubbl/distr/stampa	London, England ; ; Philadelphia, Pennsylvania : , : Singing Dragon, , 2015 ©2015
ISBN	0-85701-211-8
Descrizione fisica	1 online resource (282 p.)
Disciplina	615.3/21
Soggetti	Medicine, Chinese Medicine, Chinese - History Herbs - Therapeutic use
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Chapter 8 Nutritive Qi, Defensive Qi, Tai Yang Qi and Their TreatmentsChapter 9 Exploration of the Resolving Time for Diseases in Six Conformations; Appendix 1: Chinese Dynasties and Historical Periods; Appendix 2: Authors of Chinese Medicine Books; Bibliography; Subject Index; Author Index; Classic Texts Index; Herb and Formula Index; Pinyin Index
Sommario/riassunto	Discussion of Cold Damage (Shang Han Lun) and contemporary texts of ancient China form the bedrock of modern Chinese medicine practice, yet these classic texts contain many concepts that are either hard to understand or confusing. Based on over thirty years' medical practice, and study of the texts, this book explains the concepts involved so that the clinical applications of the ancient texts can be better understood and put into practice. The author looks at the larger context of ancient Chinese culture and philosophy in terms of theoretical knowledge, scholarly approach, and mindset in order to facilitate the application of these concepts in modern clinical practice.