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Sommario/riassunto	<span><span>Intestinal issues affect many millions of people - from indigestion to irritable bowel, from GERD to leaky gut, from constipation to gas and diarrhea, no one really ever is totally exempt. This book takes a look at the parts of the body involved in digestive and intestinal health, the problems that often arise, and how to prevent and treat issues when they do.</span></span>