

1. Record Nr.	UNINA9910781709703321
Autore	Kottler Jeffrey A
Titolo	The therapist's workbook [[electronic resource]] : self-assessment, self-care, and self-improvement exercises for mental health professionals / / Jeffrey A. Kottler
Pubbl/distr/stampa	Hoboken, N.J., : John Wiley & Sons, 2012
ISBN	1-118-11801-4 1-283-28115-5 9786613281159 1-118-11799-9
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (217 p.)
Disciplina	616.89/14/023 616.8914023
Soggetti	Psychotherapists - Job stress Psychotherapists - Mental health Burn out (Psychology) - Prevention
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	pt. 1. Confronting the issues -- pt. 2. Taking care of yourself -- pt. 3. Practicing what you preach.
Sommario/riassunto	Mental health professionals spend their days helping others, but who is there to help them when stress and burnout threaten their own well-being? Filled with self-assessments, journaling exercises, and activities designed to facilitate renewal, growth, and change, this timely book helps clinicians help themselves with coverage of career threatening issues, such as fear of failure, loss of confidence, and the financial stress and loss of autonomy that many clinician's experience as a result of managed care and its constraints.

2. Record Nr.	UNINA9910796678303321
Autore	Hampson Fen Osler
Titolo	Forming economic policy : the case of energy in Canada and Mexico / / Fen Osler Hampson
Pubbl/distr/stampa	London : , : Bloomsbury, , 2013
ISBN	1-4725-1474-2 1-4725-5374-8
Descrizione fisica	1 online resource (176 pages)
Collana	Bloomsbury Academic collections : economics
Disciplina	351.007/2
Soggetti	Energy policy - Canada Energy policy - Mexico Canada Economic policy Mexico Economic policy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index. Reprint. Originally published in 1986 by Frances Pinter (Publishers) Limited.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. Introduction -- 2. How Crises Change Political Values -- 3. Micropolitics and Macropolitical Consequences in Mexico -- 4. Micropolitics and Macropolitical Consequences in Canada -- 5. Mexico's Energy Policies in the Seventies and Eighties: an Analysis -- 6. Canada's Energy Policies in the Seventies and Eighties: an Analysis -- 7. Conclusion -- Bibliography -- Index
Sommario/riassunto	"How do governments make key decisions on vital economic questions of national importance? Can they advance the national interest on issues that are highly politicized? How do they respond to competing pressures from the international and domestic environments? Forming Economic Policy explores these and other questions in Canada and Mexico, two very different countries which share a common vulnerability to the world economy. Using the case of energy, the book argues that policymakers will address the national interest, but only episodically with the onset of major national crises that invoke a higher and sustained sense of national priorities. These crises are frequently induced by the interaction of domestic and foreign political and

economic forces. The conclusions are surprising. Despite profound political and economic differences between these two countries, policymakers have behaved in remarkably similar ways when arriving at key policy decisions. The explanation "which integrates two competing views of politics, the pluralist and the statist" has important implications with regard to the political processes in those states which, like Canada and Mexico, are exposed to the world economy and face problems of political legitimacy at home. Forming Economic Policy will appeal to students and teachers of political economy and comparative politics as well as to those interested in the politics of energy policy."--Bloomsbury Publishing.
