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Titolo	The art and science of brief psychotherapies : a practitioner's guide // edited by Mantosh J. Dewan, M.D., Brett N. Steenbarger, Ph.D., Roger P. Greenberg, Ph.D
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Essential ingredients for successful psychotherapy : effect of common factors / Roger P. Greenberg -- Mentalizing as a common factor in psychotherapy / Anthony W. Bateman and Peter Fonagy -- Integrating culture and psychotherapy through the DSM-5 cultural formulation interview / Neil Krishnan Aggarwal and Roberto Lewis-Fernandez -- Combining brief psychotherapy and medications / Mantosh J. Dewan -- Motivational interviewing / Manuel Paris Jr. and Steve Martino -- Cognitive therapy / Judith S. Beck and Robert Hindman -- Exposure therapy for anxiety disorders, obsessive-compulsive disorder, and -- Posttraumatic stress disorder / Thea Gallagher, Elizabeth A. Hembree, Seth J. Gillihan, and Edna B. Foa -- Application and techniques of dialectical behavior therapy / Chelsey R. Wilks and Marsha M. Linehan -- Solution-focused brief therapy : building strengths, achieving goals / Brett N. Steenbarger -- Interpersonal psychotherapy / Scott Stuart -- Time-limited dynamic psychotherapy : an integrative perspective / Hanna Levenson -- Telepsychiatry / Peter Yellowlees -- Internet-based brief therapies / Gerhard Andersson and Per Carlbring -- Evaluating competence in brief psychotherapy / John Manring, Bernard Beitman, John Norcini, and Mantosh J. Dewan -- Doing therapy, briefly : overview and synthesis / Brett N. Steenbarger, Roger P. Greenberg, and Mantosh

