Record Nr. UNINA9910796520803321 Autore Stein Lori Titolo Let's eat: Jewish food and faith // Lori Stein and Ronald H. Isaacs Pubbl/distr/stampa Lanham, Maryland:,: Rowman & Littlefield,, 2018 ©2018 **ISBN** 1-4422-7104-3 Edizione [1st ed.] Descrizione fisica 1 online resource (271 pages): illustrations Disciplina 641.5676 Soggetti Jewish cooking Food - Religious aspects - Judaism Jews - Food - History Holiday cooking Fasts and feasts - Judaism Cookbooks. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Shabbat: food for the body, food for the soul -- Rosh Hashana and Yom Kippur: days of awe and honeycake -- Sukkot et al: holidays of harvest and happiness -- Hanukkah: the festival of lights, and fried foods -- Tu B'shevat : happy birthday to trees -- Purim : until you don't know the difference -- Passover: the slaves rise up, the dough stays flat -- Yom Ha-Atzmaut: masters of our fate and our falafel --Shavuot: from barley to blintzes -- Life cycle events: mitzvah meals. Sommario/riassunto Jewish food is simmered in a rich broth of history, culture, geography, and religion. This book introduces readers to the connection between Jewish food and the values and traditions of Judaism, offering insight

into the meaning and significance of the foods that Jews use to celebrate holidays and life events. Includes more than 40 recipes.