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Titolo	Between unknown change and familiar retreat : psychotherapy technique for our most challenging patients / / by Robert Waska
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Collana	Contemporary Psychoanalytic Studies, , 1571-4977 ; ; Volume 25
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Contemporary Kleinian Therapy -- Translating the Turmoil in the First Five Sessions: Real Time Response in Psychoanalytic Treatment Using the Modern Kleinian Therapy Approach Using the Modern Kleinian Therapy Approach -- The Territory of the Transference and the Value of Phantasy Interpretation: A Kleinian Expansion -- Working Within, the Compromised Formation, and Analytic Contact: Three Aspects of Modern Kleinian Clinical Work -- The Darkness of the Depressive Position -- For My Benefit: A Case Study of One Patient's Fear of Self-Definition and His Depressive Phantasies of Disappointment and Rejection -- The Depths of Depressive Despair: When Saying Goodbye is Too Dangerous to Bear -- Depressive Anxiety and the Motives for Manic Control -- Unbearable Separation, Guilt, and the Dread of Loss -- Paranoid Schizoid Inertia and Countertransference Conflict -- Psychotic Process, Counter-Transference, and the Psychic Shelter -- Projective Identification in Restricted and Uncontained States of Mind.
Sommario/riassunto	The theme of Dr. Robert Waska's new book involves how all patients, whether neurotic, borderline, or psychotic, want their problems to ease and their stress to stop but unconsciously they avoid any real psychological change. They strive to maintain their psychic equilibrium

regardless of how destructive it may be, in an effort to avoid the loss of what is known and to avoid the unknown pain or punishment that change might bring. Each chapter provides the reader with a contemporary Kleinian focus on central theoretical and clinical concepts such as projective identification, enactment, transference, pathological organizations, and depressive or paranoid acting out. The reader then is shown the careful and thoughtful interpretive work necessary in these complex clinical situations.
