

1. Record Nr.	UNINA9910796394203321
Titolo	Adolescent health sourcebook : basic consumer health information about adolescent growth and development, puberty, sexuality, reproductive health, and physical, emotional, social, and mental health concerns of teens and their parents, including facts about nutrition, physical activity, weight management, acne, allergies, cancer, diabetes, growth disorders, juvenile arthritis, infections, substance abuse, and more; along with information about adolescent safety concerns, youth violence, a glossary of related terms, and a directory of resources
Pubbl/distr/stampa	Detroit, Michigan : , : Omnigraphics, , [2018] 2018
ISBN	1-78684-660-8 0-7808-1612-9
Edizione	[Fourth edition.]
Descrizione fisica	1 online resource (xix, 756 pages) : illustrations
Collana	Health Reference Series
Disciplina	616.89140835
Soggetti	Teenagers - Health and hygiene Adolescent psychology Consumer education Adolescence
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part I. An overview of adolescent health -- Part II. Staying healthy during adolescence -- Part III. Puberty, sexuality, and reproductive health -- Part IV. Common health concerns of teens and their parents -- Part V. Emotional, social, and mental health concerns in adolescents -- Part VI. Substance abuse and adolescents -- Part VII. Adolescent safety concerns -- Part VIII. Violence against adolescents -- Part IX. Additional help and information.
Sommario/riassunto	Provides consumer health information about the physical, mental, and emotional health and development of adolescents. Includes index, glossary of related terms, and other resources.