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Autore	Reading Paul
Titolo	ABC of sleep medicine // Paul Reading
Pubbl/distr/stampa	Chichester, West Sussex, UK : , : Wiley-Blackwell, a John Wiley & Sons, Ltd., publication : , : BMJ Books, , 2013
ISBN	9781118523315 1118523318
Descrizione fisica	1 online resource (vii, 58 pages) : illustrations (some color)
Collana	ABC series (Malden, Mass.)
Disciplina	616.8498
Soggetti	Sleep Disorders - pathology Sleep - physiology Sleep disorders Sleep
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Normal versus abnormal sleep -- Diagnosing sleep disorders -- Excessive daytime sleepiness -- Sleep apnoea syndrome -- Insomnia -- Secondary (co-morbid) insomnia -- The parasomnias -- Sleep disorders in children -- Sleep in neurodegenerative disease -- Sleep in psychiatric disease -- Drugs used in sleep medicine.
Sommario/riassunto	A primer for understanding the phenomenon of sleep and its more common disorders, this text has the aim of providing a readable text for non-specialists, covering the full range of recognised sleep disorders that might present to general physicians and sleep clinics.