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Autore	Parris Benjamin <1977->
Titolo	Vital strife : sleep, insomnia, and the early modern ethics of care // Benjamin Parris [[electronic resource]]
Pubbl/distr/stampa	Ithaca : , : Cornell University Press, , 2022
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Descrizione fisica	1 online resource (301 pages)
Collana	Cornell scholarship online
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Heavy with care: Sleep and ethical life from ancient Greece to early modern England -- Hercules asleep: Stoic oikeiosis in Jasper Heywood's Hercules Furens -- "The body is with the king, but the king is not with the body": Sovereign sleep in the tragedies of Hamlet, Macbeth, and King Lear -- "Watching to banish care": sleep and insomnia in The Faerie Queene -- "Inhabit lax": Insomniac vare and the vital virtue of sleep in Paradise Lost -- Coda: A vital rationality.
Sommario/riassunto	The plays, poems, and philosophical essays at the heart of this book - by Jasper Heywood, William Shakespeare, Edmund Spenser, John Milton, and Margaret Cavendish - explore the unconscious motions of corporeal life and the drowsy forms of sentience at the boundaries of human thought and intentionality. The book shows how these writers, although trained under the Renaissance humanist paradigm of attentive care, begin to dissolve the humanist coupling of virtue with vigilance by giving credence to the vital power of sleep.