1. Record Nr. UNINA9910795826303321 Autore Vandekerckhove Marie Titolo Regulating Emotions: Culture, Social Necessity, and Biological Inheritance Pubbl/distr/stampa Hoboken:,: John Wiley & Sons, Incorporated,, 2008 ©2008 **ISBN** 9781444301793 9781405158633 Edizione [1st ed.] Descrizione fisica 1 online resource (365 pages) New Perspectives in Cognitive Psychology Ser. Collana Altri autori (Persone) von ScheveChristian IsmerSven **JungSusanne** KronastStefanie Disciplina 152.4 Soggetti **Emotions** Electronic books. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Intro -- REGULATING EMOTIONS -- Contents -- Notes on Editors and Nota di contenuto

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## Sommario/riassunto

Regulating Emotions: Culture, Social Necessity, and Biological Inheritance brings together distinguished scholars from disciplines as diverse as psychology, sociology, anthropology, neuroscience, and psychotherapy to examine the science of regulating emotions. Contains 13 original articles written in an accessible style Examines how social and cultural aspects of emotion regulation interact with regulatory processes on the biological and psychological level Highlights the role of social and cultural requirements in the adaptive regulation of emotion Will stimulate further theorizing and research across many disciplines and will be essential reading for students, researchers, and scholars in the field.