

1. Record Nr.	UNINA9910795807203321
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Titolo	Clinical Skills for Nurses : Student Survival Skills
Pubbl/distr/stampa	Hoboken : , : John Wiley & Sons, Incorporated, , 2013 ©2013
ISBN	9781118448755 9781118448779
Edizione	[1st ed.]
Descrizione fisica	1 online resource (224 pages)
Collana	Student Survival Skills Ser.
Disciplina	610.73
Soggetti	Nursing -- Handbooks, manuals, etc Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Intro -- CLINICAL SKILLS FOR NURSES -- Contents -- Preface -- Introduction -- Acknowledgements -- Chapter 1 PERFORMING OBSERVATIONS -- CONSENT -- OBSERVATION CHARTS -- BODY TEMPERATURE -- Body Temperature Physiology -- Procedure to Obtain the Temperature Using a Tympanic Membrane Thermometer -- Documenting a Temperature Reading on an Observation Chart -- BLOOD PRESSURE -- Blood pressure equipment -- Procedure to Obtain Blood Pressure Using an Aneroid Sphygmomanometer and Stethoscope -- HEART RATE -- Procedure to Obtain a Pulse Reading -- RESPIRATIONS -- Procedure to Obtain a Reading for Respiratory Rate -- NEUROLOGICAL OBSERVATIONS -- Procedure for Obtaining an AVPU Recording -- OXYGEN SATURATION -- TEST YOUR KNOWLEDGE -- Chapter 2 MALE URETHRAL CATHETERISATION -- POLICIES AND PROCEDURES -- WHY IS URINARY CATHETERISATION PERFORMED? -- Drainage -- Investigation -- Instillation -- FLUID OUTPUT -- HIGH-RISK PROCEDURE -- PERSONAL CARE AND THE NEED FOR STRICT ASEPSIS -- ANATOMY AND PHYSIOLOGY -- The Prostate -- CATHETERISATION -- EXCLUSION CRITERIA FOR URETHRAL CATHETERISATION -- CATHETER MATERIAL AND SELECTION -- CATHETER LENGTH AND DESIGN -- REMOVING THE CATHETER -- DRAINAGE BAGS AND SECURING DEVICES -- Latex -- Lubrication --

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Sommario/riassunto

Specifically designed for student nurses, *Clinical Skills for Nurses* provides a handy, portable introduction to both the knowledge and practical procedures that first year nursing students require. Giving you the knowledge behind the skill, this book will boost your confidence and competence for your clinical placements and time in the clinical skills lab. *Clinical Skills for Nurses* covers the skills and procedures used most frequently in clinical practice, and includes Point of Care training; blood transfusion and tracheotomy care; continence and bowel care; and early patient assessment and response. This book uniquely incorporates words of wisdom and advice from real-life student nurses; in other words: developed by students, for students! Special features: Tips, advice and words of wisdom from real-life students included throughout Pocket sized for portability on your clinical placement Clear, straightforward, and jargon-free Ties in with the NMC standards for pre-registration education and the Essential Skills Clusters Examples and questions based on real life nursing & healthcare examples.

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