

1. Record Nr.	UNINA9910795546403321
Autore	Watts Alan <1915-1973, >
Titolo	The meaning of happiness : the quest for freedom of the spirit in modern psychology and the wisdom of the East // Alan Watts ; foreword by Joan Watts
Pubbl/distr/stampa	Novato, California : , : New World Library, , [2018] ©2018
ISBN	1-60868-541-1
Edizione	[Third edition.]
Descrizione fisica	1 online resource (xxxi, 243 pages) : illustrations
Disciplina	158
Soggetti	Happiness Mysticism
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Originally published: New York : Harper & Brothers, c1940.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	War in the soul -- The answer of religion -- The way of acceptance -- The return of the gods -- The vicious circle -- The one in the many -- The great liberation -- The love of life.
Sommario/riassunto	"A discussion of the ways that different cultures and religions define happiness and describe how it can be achieved; draws upon eastern philosophy, western mysticism, and analytic psychology"--