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Nota di contenuto	Introduction Ageing, the individual and society / Sheila McCormick Perspectives on Practice: Applied Theatre and Ageing / Sheila McCormick Complicite and the clown: playful engagement and dementia / Michael Balfour, Julie Dunn, Wendy Moyle, Marie Cooke The Care Home as a Creative Space / Jayne Lloyd and Helen Nicholson A gentle inquiry into dark matter in arts-based research / Clive Parkinson From Islands to Networks: Using Improvisation to Build Relationships Among Individuals and Systems / Anne Davis Basting Interview with Mike Pearson Community arts and creative well-being for dementia / Beth Luxmoore.
Sommario/riassunto	Applied Theatre: Creative Ageing examines the complex social, political and cultural needs of a diverse group in our society and asks how contemporary applied theatre responds to those needs. For the first time, this publication allows an examination of innovative national and international practice in applied theatre that responds to the needs of older adults to encourage outcomes such as wellbeing and social inclusion. The volume does so while also questioning how we, as a society, wish to respond to the complex needs of older adults and the

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process of ageing and how applied theatre practices can help us do so in a way that is both positive and inclusive. In Part One Sheila McCormick reviews and historicises the practice of applied theatre with, for and by the elderly. It argues that pioneering applied theatre strategies are vital if the creative practice is to respond to the growing needs of older members of society, and reflects on particular cultural responses to ageing and the elderly.0The second part of the book is made up of essays and case studies from leading experts and practitioners from Britain, America and Australia, including consideration of applied theatre approaches to dementia, health, wellbeing, social inclusion and Alzheimer's disease.