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Nota di contenuto	ch. 1. The anticipation phase -- ch. 2. The survival phase -- ch. 3. The disillusionment phase -- ch. 4. The rejuvenation phase -- ch. 5. The reflection phase -- ch. 6. The second anticipation phase.
Sommario/riassunto	This book examines the personal side of teaching, offering advice, empathy, and new-teacher support. It details six phases every new teacher goes through--anticipation, survival, disillusionment, rejuvenation, reflection, and second anticipation--and outlines targeted classroom-management strategies and self-care practices for each.