

1. Record Nr.	UNINA9910795377903321
Autore	Busch Fredric N. <1958->
Titolo	Problem-Focused Psychodynamic Psychotherapy
Pubbl/distr/stampa	Washington, D.C. : , : American Psychiatric Association Publishing, , 2021 ©2021
ISBN	1-61537-385-3
Edizione	[1st ed.]
Descrizione fisica	1 online resource (178 pages)
Disciplina	616.89147
Soggetti	Psychotherapy, Psychodynamic Psychotherapy, Brief
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover -- Half Title -- Title -- Copyright -- Contents -- About the Author -- Introduction -- 1 Developing a Problem List -- 2 Using Psychodynamic Techniques -- 3 Examining the Context, Emotions, and Developmental History Contributing to Problems -- 4 Developing a Psychodynamic Formulation -- 5 Addressing Problems: A Framework -- 6 Addressing the Role of Adverse and Traumatic Experiences in Problems -- 7 Addressing Personality Disorders -- 8 Integrating Dissociated Aspects of Self and Other Representations -- 9 Working Through -- 10 Managing Termination -- Index -- D -- E -- F -- G -- I -- L -- M -- N -- O -- P -- R -- S -- T -- W -- Back Cover.
Sommario/riassunto	Drawing on a wealth of case vignettes, the book describes how to apply Problem-Focused Psychodynamic Psychotherapy (PrFPP) to symptoms, personality issues, behavioral problems, and relationship difficulties. It provides novice and experienced clinicians alike with the tools they need to help patients identify problem areas and understand how specific dynamics emerge in different contexts and overlap in contributing to issues.