

1. Record Nr.	UNINA9910785773203321
Autore	Graham Kevin M. <1968->
Titolo	Beyond redistribution [[electronic resource]] : White supremacy and racial justice // Kevin M. Graham
Pubbl/distr/stampa	Lanham, Md., : Lexington Books, c2010
ISBN	9786613911629 1-283-59917-1 0-7391-3098-6
Descrizione fisica	1 online resource (132 p.)
Disciplina	305.8
Soggetti	Racism White people - Race identity White supremacy movements Distributive justice
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 105-111) and index.
Nota di contenuto	Cover; Title Page; Copyright Page; Dedication Page; Table of Contents; Acknowledgments; Introduction; Chapter 1: Racism or White Supremacy? Understanding Race-Related Injustice; Chapter 2: Police Violence and the White Supremacist State; Chapter 3: The Political Significance of Social Identity; Chapter 4: Autonomy, Individualism, and Social Justice; Chapter 5: Distributive Justice and the Injustice of Hate Speech; Chapter 6: After the Buses Stop Running: Distributive Justice or Dialogue?; Bibliography; Index
Sommario/riassunto	Kevin M. Graham argues that political philosophy cannot fully understand race-related injustice without shifting its focus away from distributive inequities between whites and nonwhites and toward white supremacy, the unfair power relationships that allow whites to dominate and oppress nonwhites. Graham's analysis of the racial politics of police violence and public education in Omaha, Nebraska, vividly illustrates why the pursuit of racial justice in the United States must move beyond redistribution.

2. Record Nr.	UNINA9910795177003321
Autore	Norris Christopher M.
Titolo	The complete guide to back rehabilitation // Christopher M. Norris
Pubbl/distr/stampa	London, England ; ; New York, New York : , : Bloomsbury Publishing, , [2015] ©2015
ISBN	1-4729-1671-9 1-4729-1672-7
Edizione	[1st ed.]
Descrizione fisica	1 online resource (234 pages) : illustrations
Collana	Complete guide series (London, England)
Disciplina	617.56403
Soggetti	Backache - Rehabilitation Exercise therapy Spine - Wounds and injuries - Patients - Rehabilitation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover -- Half-title -- Title -- Copyright -- Contents -- Chapter 1: How the back works -- GENERAL DESCRIPTION -- STRUCTURE OF A TYPICAL VERTEBRA -- REGIONAL DIFFERENCES -- SPINAL LIGAMENTS -- NERVES -- DISC STRUCTURE AND FUNCTION -- THE IMPORTANCE OF SPINAL FACET JOINTS -- SPINAL MOVEMENTS -- LUMBAR AND PELVIC MOVEMENTS -- MUSCLES OF THE LOWER TRUNK -- PELVIC FLOOR MUSCLES -- BACK EXTENSOR MUSCLES -- THE HIP MUSCLES -- MUSCLE ACTION -- THE NEUTRAL POSITION OF THE LUMBAR SPINE -- Chapter 2: Back conditions -- DISC INJURY -- BACK PAIN IN OBESITY -- BACK PAIN AND PREGNANCY -- ADVERSE NEURAL TENSION -- OSTEOPOROSIS -- OSTEOARTHRITIS -- LUMBAGO -- LUMBAR SURGERY -- GENERAL BACK CARE -- Chapter 3: Posture and back pain -- OPTIMAL POSTURE -- ASSESSING POSTURE IN THE CLINIC -- POSTURAL SWAY -- USING POSTURE CHARTS -- GENERAL PRINCIPLES OF POSTURAL EXERCISE -- POSTURE OPTIMISATION -- SITTING POSTURE -- Chapter 4: Principles of back rehabilitation -- STABILISATION MECHANISMS OF THE LUMBAR SPINE -- INTERACTING COMPONENTS OF STABILITY -- LOCAL AND GLOBAL MUSCLES -- THE ABDOMINAL BALLOON -- BACK FASCIA -- BREATHING MECHANISM --

SENSORIMOTOR REHABILITATION -- WHAT IS FUNCTIONAL TRAINING?
-- BIOPSYCHOSOCIAL FACTORS IN LOW BACK PAIN -- Chapter 5: Client
assessment and rehabilitation planning -- RED FLAGS AND
CONTRAINDICATIONS TO REHABILITATION -- CLINICAL REASONING --
CLIENT EVALUATION -- CHOOSING APPROPRIATE EXERCISE --
MONITORING DISCOMFORT AND PAIN -- TISSUE REACTION TO
EXERCISE THERAPY -- MEASURING EXERCISE INTENSITY -- DEFINE
OUTCOME MEASURES -- FURTHER READING -- Chapter 6: Constructing
a back rehabilitation programme -- SPECIFIC STRETCHING -- MOTOR
CONTROL -- CORE TRAINING SEQUENCES -- MONITORING DEPTH OF
THE LORDOSIS USING PRESSURE BIOFEEDBACK -- HANDS-ON
TECHNIQUES TO AUGMENT BACK EXERCISE PERFORMANCE -- Chapter
7: Gym-based back rehabilitation.
HEALTH AND SAFETY IN THE GYM -- RESISTANCE TRAINING --
FOUNDATIONS OF EXERCISE KNOWLEDGE -- GYM-BASED BACK REHAB
EXERCISES -- Chapter 8: Functional retraining for the back -- BENDING
AND LIFTING ACTIONS -- PUSHING AND PULLING -- TORSIONAL
ACTIONS -- Chapter 9: Yoga for back rehabilitation -- WHAT IS YOGA?
-- POSTURES FOR LOW BACK PAIN -- BREATHING EXERCISES --
RELAXATION & MEDITATION -- FURTHER READING -- Chapter 10:
Clinical Pilates for back rehabilitation -- FEATURES OF THE PILATES
METHOD -- References -- Index.

Sommario/riassunto

Back pain will affect 80 per cent of your clients at some point in their lives, and it has been estimated at costing UK businesses over £5 billion annually both in days absent and through litigation. The back is a complex structure and all other parts of the body rely on its smooth functioning. Christopher Norris takes the reader through the anatomy and mechanics of the back, the injuries and disorders the various structures of the back can suffer and then recommends the best practice for rehabilitation, covering:

- The range of back conditions
- The role of posture and muscle imbalance in back pain
- The principles of back rehabilitation
- Client assessment and rehabilitation planning
- Gym-based back rehabilitation
- Functional retraining for the back
- Yoga and clinical Pilates for back rehabilitation.

The Complete Guide to Back Rehabilitation is the essential resource for all experts involved in back care, including massage therapists, exercise therapists, physiotherapists and fitness professionals. This Complete Guide clearly outlines both the theory and practical tools to produce an effective back rehabilitation programme and offers advice on how to protect clients against further damage.

3. Record Nr.	UNINA9910824344403321
Autore	Roberts Laura Weiss <1960->
Titolo	Professionalism and Ethics : Q & A Self-Study Guide for Mental Health Professionals
Pubbl/distr/stampa	Washington, D.C. : , : American Psychiatric Association Publishing, , 2021 ©2021
ISBN	1-61537-396-9
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (392 pages)
Altri autori (Persone)	TermuehlenGabriel
Disciplina	174.29689
Soggetti	Mental Health Services - ethics Health Personnel - ethics Professional Role
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover -- Half Title -- Title Page -- Copyright -- Contents -- Contributors -- Preface -- Introductory Comments -- PART I: Ethics and Professionalism -- 1 Ethics, Professionalism, and the Field of Mental Health: An Overview -- 2 Ethics in the Mental Health Professions -- PART II: Questions and Annotated Answers -- 3 Core Concepts in Ethics and Professionalism -- 4 Ethics and Professionalism in Clinical Care -- 5 Ethics and Professionalism in Medical Research -- 6 Ethics and Professionalism in Interactions With Colleagues and Trainees -- PART III: Self-Assessment and Further Study -- 7 Ethics and Professionalism Questions for Review -- References -- Subject Index -- Q&A -- A Index -- Back Cover.
Sommario/riassunto	This new edition thoroughly updates the highly regarded and groundbreaking first edition, offering the contemporary reader cutting-edge clinical wisdom and ethical guidance for challenging times. It is built on case vignettes that help the reader actively consider options and their potential consequences in the clinical setting.