

1. Record Nr.	UNINA9910794861903321
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Titolo	Eating disorders : symptoms, treatment options, and the impact on overall health and relationships // Allison K. Spivack, Amanda J. Roberts
Pubbl/distr/stampa	New York, [New York] (222 East 46th Street, New York, NY 10017) : , : Momentum Press, , 2015
Descrizione fisica	1 online resource (54 pages)
Collana	Health education collection
Disciplina	616.8526
Soggetti	Eating disorders Eating Disorders Libros electronicos.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Co-published with Cognella Academic Publishing.
Nota di bibliografia	Includes bibliographical references (pages 34-37) and index.
Nota di contenuto	1. The implications of body image -- 2. What is an eating disorder -- 3. Symptoms of an eating disorder -- 4. What are the risks associated with an eating disorder -- 5. Causes & triggers -- 6. Caring for yourself and others -- 7. Treatment and resources -- Notes -- Index.