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Titolo	Working with high-risk adolescents : an individualized family therapy approach // Matthew D. Selekman ; foreword by Harlene Anderson
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Descrizione fisica	1 online resource (338 pages) : illustrations, tables
Classificazione	PSY006000MED105010SOC025000PSY041000
Disciplina	616.89/140835
Soggetti	Adolescent psychotherapy Family psychotherapy
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Machine generated contents note: 1. Navigating through Complex High-Risk Adolescent Mazes -- 2. Family Engagement: Tailor the Relationships of Choice -- 3. Building Strong Partnerships with Pessimistic Helping Professionals and Members from Families' Social Networks -- 4. Collaborative Treatment Planning and Goal Setting -- 5. Co-Developing and Selecting Interventions to Suit Clients' Strengths, Theories of Change, and Goals -- 6. Family-Social Network Relapse Prevention Tools and Strategies -- 7. "The Atomic Bomb Kid": Working with a Violent Adolescent -- 8. From "Numbing Out Bad Thoughts and Feelings" to "Welcoming Death": Working with a High-Risk Suicidal Adolescent -- 9. Therapeutic Mistakes and Treatment Failures: Wisdom Gained and Valuable Lessons Learned -- 10. Therapeutic Artistry: Finding Your Creative Edge -- References -- Index.
Sommario/riassunto	"This innovative book focuses on helping high-risk adolescents and their families rapidly resolve long-standing difficulties. Matthew D. Selekman spells out a range of solution-focused strategies and other techniques, illustrating their implementation with vivid case examples. His approach augments individual and family sessions with

collaborative meetings that enlist the strengths of the adolescent's social network and key helping professionals from larger systems. User-friendly features include checklists, sample questions to aid in relationship building and goal setting, and reproducible forms that can be downloaded and printed in a convenient 8 1/2" x 11" size. Blending family therapy science with therapeutic artistry, the book significantly refines and updates the approach originally presented in Selekman's Pathways to Change. Subject Areas/Key Words: adolescents, at-risk, brief, Collaborative Strengths-Based Family Therapy, counseling, creative, CSBFT, defiant, delinquents, difficult, families, family, flexible, high-risk, improvisational, interventions, juvenile delinquency, oppositional, parents, Pathways to Change, psychotherapy, risky behaviors, self-harming, self-injury, social networks, solution-focused, solution-oriented, substance abuse, suicidal, teenagers, violence, youth Audience: Clinical child/adolescent psychologists, family therapists, counselors, social workers, and psychiatrists"--
