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Sommario/riassunto	This book is based on an in-depth filmed conversation between Howard Burton and Ellen Bialystok, Professor of Psychology at York University. Ellen Bialystok is a world-leading expert on the effects of bilingualism on cognitive processes across our lifespan. This conversation examines how she discovered differences in the development of essential cognitive and language abilities for bilingual children, the use of different brain networks by monolingual and bilingual young adults performing simple conflict tasks, and the postponement of symptoms of dementia in bilingual older adults, and many more fascinating aspects of bilingualism. This carefully-edited book includes an introduction, The Plastic Revolution, and questions for discussion at the end of each chapter. Howard Burton was the

Founding Director of Canada's Perimeter Institute for Theoretical Physics. He holds a PhD in theoretical physics and an MA in philosophy. This book is part of an expanding series of 100+ Ideas Roadshow conversations, each one presenting a wealth of candid insights from a leading expert in a focused yet informal setting to provide a uniquely accessible window into frontline research and scholarship that wouldn't otherwise be encountered through standard lectures and textbooks.
