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Titolo	Healthy living, grade 10 : STEM road map for high school // edited by Carla C. Johnson, Janet B. Walton, and Erin Peters-Burton
Pubbl/distr/stampa	Arlington : , : National Science Teaching Association, , [2020] 2020
ISBN	1-68140-496-6
Descrizione fisica	1 online resource (ix, 133 pages) : illustrations
Collana	Gale eBooks
Disciplina	613.0712
Soggetti	Health education (Secondary) Nutrition - Study and teaching (Secondary) Tenth grade (Education)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	part 1. The STEM road map : background, theory, and practice -- part 2. Healthy living, STEM road map module.
Sommario/riassunto	"In this module, students learn about health through the perspectives of a cell biologist, nutrition scientist, biochemist, physiologist, public health practitioner, consumer, and citizen. Messages about being healthy permeate society. Students will develop an in-depth understanding of what the body needs to function properly by closely examining the topics of cell metabolism and structure. Students will work in teams to investigate healthy lifestyle, examining the physiological effects of exercise and nutrition on health. Further, students will identify factors that inhibit and enhance health and interview key stakeholders in their communities"--