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Nota di contenuto	Cover Page -- Title Page -- Copyright -- Table of Contents -- Introduction -- Chapter 1. Creating a Culture of Minimalism in Your Classroom -- Chapter 2. Decluttering the Physical Environment -- Chapter 3. Decluttering Initiatives -- Chapter 4. Decluttering the Curriculum -- Chapter 5. Decluttering Instructional and Assessment Strategies -- Chapter 6. Advocating for Minimalism in Your Teaching Environment -- Concluding Thoughts -- Appendix A. The Triple P Cycle -- Appendix B. Initiatives, Purposes, and Priorities -- Appendix C. The Minimalist Teacher Book Study Guide -- References -- Index -- About the Authors -- Related ASCD Resources -- Back Cover.
Sommario/riassunto	Bring a minimalist mindset to your classroom using a three-step decision-making process that can help you reduce stress and build a better learning environment.