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Nota di contenuto	Intro -- Preface -- Acknowledgments -- Contributors -- 1 Exercise Testing and Interpretation -- WHAT IS CARDIOPULMONARY EXERCISE TESTING? -- CELL RESPIRATION AND BIOENERGETICS -- NORMAL COUPLING OF EXTERNAL TO CELLULAR RESPIRATION -- WHY MEASURE GAS EXCHANGE TO EVALUATE CARDIORESPIRATORY FUNCTION AND CELLULAR RESPIRATION? -- CARDIAC STRESS TESTS AND PULMONARY STRESS TESTS -- PATTERNS OF CHANGE IN EXTERNAL RESPIRATION (VO2 AND VCO2) AS RELATED TO FUNCTION, FITNESS, AND DISEASE -- FACTORS LIMITING EXERCISE -- Fatigue -- Dyspnea -- Pain -- EVIDENCE OF SYSTEMIC DYSFUNCTION UNIQUELY REVEALED BY INTEGRATIVE CARDIOPULMONARY EXERCISE TESTING -- Diagnosis of Exercise Intolerance, Especially Exertional Dyspnea and Myocardial Ischemia -- Cardiopulmonary Exercise Testing and Prognosis in Patients With Known Disorders -- Cardiopulmonary Exercise Testing and Preoperative Assessment -- SUMMARY -- 2 Physiology of Exercise -- SKELETAL MUSCLE: MECHANICAL PROPERTIES AND FIBER TYPES -- BIOENERGETICS -- Sources of High-Energy Phosphate and Cellular Respiration -- Phosphocreatine Breakdown -- Substrate

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