

1. Record Nr.	UNINA9910788458003321
Autore	Duffy Eve M.
Titolo	The return of Hans Staden : a go-between in the Atlantic world / / Eve M. Duffy & Alida C. Metcalf
Pubbl/distr/stampa	Baltimore : , : Johns Hopkins University Press, , 2012
ISBN	1-4214-0421-4
Descrizione fisica	1 online resource (xiii, 192 p.) : ill., maps ;
Disciplina	980/.01
Soggetti	Indians of South America - Brazil Tupinamba Indians - Social life and customs Brazil Description and travel Early works to 1800 Brazil Early works to 1800 America Early works to 1800
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (pages [145]-186) and index.
Nota di contenuto	Introduction -- Staden goes to sea -- The lying captive -- The traveler returns -- Staden's images -- Epilogue.
Sommario/riassunto	Hans Staden's sixteenth-century account of shipwreck and captivity by the Tupinambá Indians of Brazil was an early modern bestseller. This retelling of the German sailor's eyewitness account known as the True History shows both why it was so popular at the time and why it remains an important tool for understanding the opening of the Atlantic world. Eve M. Duffy and Alida C. Metcalf carefully reconstruct Staden's life as a German soldier, his two expeditions to the Americas, and his subsequent shipwreck, captivity, brush with cannibalism, escape, and return. The authors explore how these events and experiences were recreated in the text and images of the True History. Focusing on Staden's multiple roles as a go-between, Duffy and Metcalf address many of the issues that emerge when cultures come into contact and conflict. An artful and accessible interpretation, The Return of Hans Staden takes a text best known for its sensational tale of cannibalism and shows how it can be reinterpreted as a window into the precariousness of lives on both sides of early modern encounters, when such issues as truth and lying, violence, religious belief, and

cultural difference were key to the formation of the Atlantic world.

2. Record Nr.	UNINA9910794106803321
Autore	Sokol Leslie
Titolo	The comprehensive clinician's guide to cognitive behavioral therapy // Leslie Sokol and Marci Fox
Pubbl/distr/stampa	Eau Claire, Wisconsin : , : PESI Publishing & Media, , [2019] ©2019
ISBN	1-68373-256-1
Descrizione fisica	1 online resource (259 pages)
Disciplina	616.8914
Soggetti	Psychotherapy Handbook Handbooks and manuals. Guides et manuels.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.
Sommario/riassunto	Implement the principles of CBT as intended by the founder of cognitive behavioral therapy himself, Dr. Aaron T. Beck. Having been mentored by and worked directly with Dr. Aaron T. Beck over the past several decades, Drs. Sokol and Fox have the knowledge base to bring you the most comprehensive and up-to-date information regarding CBT. Written for mental health professionals, students, trainers, supervisors, teachers, and clinicians of all levels, this workbook is filled with practical, easy-to-understand tools to help you put theory into practice. Filled with worksheets, coping cards, step-by-step plans and activities, this accessible guide will help you teach clients effective coping skills, which builds their confidence, and eliminates self-doubt" the most crucial part of treatment. These tools will help clients become their own therapist and sustain recovery across a variety of issues, including: Depression Bipolar Disorder Anxiety Anger Substance Abuse Personality Disorders Self-Harm and Suicidality Psychosis

