

1. Record Nr.	UNINA9910794099203321
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Titolo	Restoring the shattered self [[electronic resource]] : a Christian counselor's guide to complex trauma // Heather Davediuk Gingrich
Pubbl/distr/stampa	Downers Grove, Illinois : , : IVP Academic, an imprint of InterVarsity Press, , [2020] ©2020
ISBN	9780830831890 0-8308-3189-4 9780830828661
Edizione	[Second edition.]
Descrizione fisica	1 online resource (268 pages)
Collana	Christian association for psychological studies books
Disciplina	618.928521
Soggetti	Psychic trauma in children Psychic trauma in children - Treatment - Religious aspects Dissociative disorders in children - Treatment - Religious aspects Child development - Psychological aspects Child psychotherapy Psychological Trauma - therapy Dissociative Disorders - therapy Counseling - methods Spiritual Therapies - methods Religion and Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. Shattered -- 2. Shattering the self: The effects of trauma on childhood development -- 3. Rebuilding the shattered self: The process of counseling -- 4. Phase I: Safety and stabilization -- 5. Phase II: Trauma processing: Integrating the components of a traumatic experience -- 6. Phase III: Consolidation and resolution -- 7. Additional treatment considerations for the client with dissociative identity disorder -- 8. Spiritual issues and resources in the treatment of complex PTSD -- 9. Vicarious traumatization and building counselor resilience -- 10. How the church can help -- Appendix A. Dissociative

experiences scale (DES-II) -- Appendix B. Coping mechanisms.

Sommario/riassunto

"Many counselors are not adequately prepared to help those suffering from complex posttraumatic stress disorder (C-PTSD). In this updated text, Heather Davediuk Gingrich provides an essential resource for Christian counselors, ably integrating the established research on trauma therapy with insights from her own thirty years of experience and an understanding of the special concerns related to Christian counseling"--
