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Titolo	Manual of reformed stoicism / / Piotr Stankiewicz
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ISBN	1-62273-944-2
Descrizione fisica	1 online resource (340 pages)
Collana	Series in philosophy
Disciplina	188
Soggetti	Stoics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index
Nota di contenuto	It's all about narratives -- Get rid of useless narratives -- Things within and not within your power -- Focus on things within your power -- Act deliberately -- Live the present day -- Focus on the present action -- Your lifetime will suffice -- Define proper alternatives -- Anticipate mishap -- Don't dwell on counterfactual scenarios -- Don't desire acclaim -- Adversities are challenges -- Beware of treacherous constancy -- You are never alone -- There is no point in flouting the rules of a game -- There are other games to play -- Be autonomous -- To each their own mistakes -- Don't ascribe intent -- Whatever the world is like-be a Stoic -- Follow good examples -- Practice regularly -- Be happy-it's simple
Sommario/riassunto	This book is a manifesto of reformed Stoicism. It proposes a system of life which is bullet-proof, universal, viable and effective in every cosmic setting. It holds in every possible universe, under any government and within any economic system. We can be reformed Stoics no matter what we believe in. Reformed Stoicism is about enjoying and exercising our agency. In other words, it's about the flow of making autonomous and right decisions, and about celebrating our ability to make them. With no reliance on nature, with the recalibration of metaphysical positions, with skepticism towards grand discourses and universal answers, with an emphasis on the usefulness instead of truthfulness of narratives, with no reference to the vanity argument, with criticism of both conservative and ascetic misinterpretations of Stoicism, with an overall

softer and more empathic approach, we can no longer be defined by the generic term "Stoicism". Our time, in short, calls for a fresh interpretation of Stoicism. It is time for a new generation of Stoics.
Thus: reformed Stoicism
