

1. Record Nr.	UNINA9910793802003321
Autore	Glazzard Jonathan
Titolo	Positive mental health for school leaders // Samuel Stones and Jonathan Glazzard
Pubbl/distr/stampa	St Albans : , : Critical Publishing, , [2020] ©2020
ISBN	1-913063-03-8 1-913063-04-6
Descrizione fisica	1 online resource (130 pages)
Collana	Positive mental health
Disciplina	371.2
Soggetti	Educational leadership - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	"The mental health of school leaders and managers is just as important as the well-being of those they teach and support. Recent research has revealed some alarming statistics, including that 56 per cent of senior leaders have experienced mental ill health in the last year. This book examines a range of relevant issues including workload, inspections, partnerships and approaches to leadership and management in order to address some of these concerns, and it provides comprehensive guidance and workable, evidence-informed strategies to support those with leadership roles in schools and colleges."--