

1. Record Nr.	UNINA9910793714803321
Autore	Cashmore Ellis
Titolo	Kardashian culture : how celebrities changed life in the 21st century // Ellis Cashmore
Pubbl/distr/stampa	Bingley : , : Emerald Publishing, , 2019
ISBN	1-78743-964-X 1-78743-706-X
Edizione	[First edition.]
Descrizione fisica	1 online resource (226 pages)
Collana	SocietyNow
Disciplina	302.5
Soggetti	Celebrities Popular culture Social Science - Popular Culture
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Miraculous engagement -- Emasculated womanhood -- Mindless sex -- Appropriate blackness -- Influential presence -- Selfless selves -- Public privacy -- Leveraged fame.
Sommario/riassunto	Kardashian Culture uses the royal family of celebrity culture to scrutinize wider understandings of 21st century life. Examining the worlds of business, politics, technology and entertainment, Ellis Cashmore shows how fundamental changes to the way we live have been prompted by celebrities. Examining today's celebrity-obsessed culture through the lives of a host of household names, including the Kardashians themselves, this book shows how celebrities have impacted on the wider culture from the birth of consumerism, the civil rights movements of the 1960s, and the growth of narcissism in the 1970s, to the rise of the paparazzi, reality television and the impact of social media, which has removed the barrier between celebrities and fans and led to the erosion of personal privacy. Celebrities are creations rather than people and ultimately, Cashmore argues, Kardashian Culture is a product of our own making. Whether you regard celebrities as a witless bunch of overpaid show-offs or the conveyors of the zeitgeist is a matter of judgement and taste, the impact of the Kardashians and their kind is undeniable.

2. Record Nr.	UNINA9910158996503321
Autore	Daulter Anni
Titolo	Sacred Medicine Cupboard : A Holistic Guide and Journal for Caring for Your Family Naturally-Recipes, Tips, and Practices
Pubbl/distr/stampa	Berkeley : , : North Atlantic Books, , 2017 ©2017
ISBN	9781623170691 1623170699
Descrizione fisica	1 online resource (256 pages)
Classificazione	HEA016000HEA046000FAM034000
Altri autori (Persone)	BoothJessica SmithsonJessica StarkweatherALisa
Disciplina	615.5/35
Soggetti	Holistic medicine Self-care, Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Title Page -- Copyright Page -- Contents -- Foreword -- Introduction -- Part One: Spring -- Chapter 1. The Dawn: Preparing the Ground -- Chapter 2. Awakening: Rise & Shine -- Chapter 3. Spring Equinox: Detoxing & Cleansing -- Chapter 4. The Bud: Childhood Blossoming -- Chapter 5. Blossom: Where Flowers Bloom, So Does Hope -- Chapter 6. Renewal: Body of Water -- Chapter 7. Growth: The Path of Transformation -- Chapter 8. The Wild: What the Earth Sings -- Chapter 9. Magic: Weaving the Roots -- Part Two: Summer -- Chapter 10. Midday: Illuminating All of Our Senses -- Chapter 11. Tantra: The Ooh & Aah -- Chapter 12. Summer Solstice: Luscious Celebrant -- Chapter 13. The Flower: Emerging Teens -- Chapter 14. Play: Laughter Is the Best Medicine -- Chapter 15. Glow: The Path of Self Love -- Chapter 16. The Sun: What the Day Knows -- Chapter 17. Wings: Praying & Receiving -- Chapter 18. Alchemy: Activating Healing -- Part Three: Autumn -- Chapter 19. Twilight: Clearing the Mind -- Chapter 20. Abundance: Give and Receive -- Chapter 21. Autumn Equinox: The Soul Harvest -- Chapter 22. The Fruit: Ripening with Grace

Sacred Medicine Cupboard: A Holistic Guide and Journal for Caring for Your Family Naturally, authored by Anni Daulter, Jessica Booth, and Jessica Smithson, explores holistic and natural approaches to family care. The book encourages readers to embrace a balanced and nature-connected lifestyle. It offers insights into self-care, alternative healing methods, and personal growth through the lens of seasonal changes. The authors aim to inspire readers to find their own 'medicine' within and to foster nurturing relationships with family and nature. The book serves as both a guide and a journal, making it suitable for individuals seeking a more mindful and holistic way of living. It is intended for readers interested in natural health, parenting, and personal development.

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