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Nota di contenuto	Intro -- Preface -- Preface to the 2nd Edition -- Introduction -- Part 1: Aromatic Formulations -- 1. A Historical Perspective -- 2. The Aromatherapeutic Renaissance -- 3. Scent and the Significance of Olfaction -- 4. Transdermal and Respiratory Routes -- 5. Botanical Principles and the Biogenesis of Volatile Oils -- 6. Essential Oil Chemistry -- 7. Aromatic Pharmacognosy -- 8. Aromatic Formulations -- Part 2: Aromatics -- 9. Component Profiles: The Biological and Therapeutic Actions of Essential Oil Constituents -- 10. Essential Oils and Absolutes of the Angiospermae -- 11. Essential Oils of the Gymnospermae -- Appendices -- A: Fragrance and the Four Elements -- B: An Introduction to Organic Chemistry -- C: Components - Therapeutic Actions for Blending -- D: Essential Oils and Absolutes - Principal Indications for Aromatic Therapy -- E: Sample Formulae - Massage Oils, Body Oils, Butters, Salves and Bath Salts -- References -- Resources -- Essential Oils and Absolutes Index -- Subject Index -- Author Index -- Blank Page.
Sommario/riassunto	The latest edition of this research-based guide to essential oils and their use in contemporary aromatherapy provides a full historical and cultural context for aromatherapy practice. The characteristics of over 100 essential oils, absolutes and resinoids are provided in detail, including botanical and chemical information, usage and combinations.

