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Titolo Music therapy and autism across the lifespan: a spectrum of

approaches // edited by Henry Dunn [and four others] : foreword by

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Nota di contenuto Intro; Music Therapy and Autism Across the Lifespan; Contents;

Acknowledgements; Part 1 -- Improvisational Approaches; Chapter 1 -- Clinical Trials: Are Music Therapists Deluding Themselves?; Chapter 2 -- Evolving a Contemporary Psychoanalytically Informed Relational Music Therapy with Children with High-Functioning Autism in Specialist School Placements; Chapter 3 -- 'Fight It Jake! Fight It!' The Ethics of Encouragement with Clients with an Autistic Spectrum Condition; Chapter 4 -- Musical Interaction Therapy (MIT) for Children with Autistic Spectrum Conditions (ASCs): Underlying Rationale, Clinical Practice and Research EvidenceChapter 5 -- Group Clinical

Foreword: Prelude: The Unanswered Question: Introduction:

Improvisation as a Practice of Ritual and Connection for Young People with Autistic Spectrum Conditions; Chapter 6 -- Shared Experience: Learning from Other Modalities in Therapeutic Work with an Adult with an Autistic Spectrum Condition: Part 2 Collaborative Approaches:

an Autistic Spectrum Condition; Part 2 Collaborative Approaches; Chapter 7 Collaborative Approaches; Chapter 7 -- Music Therapy with Children with Autistic Spectrum Conditions and Their Families; Chapter 8 -- How Do Music Therapists Share? Exploring Collaborative

Approaches in Educational Settings for Children with Autistic Spectrum ConditionsChapter 9 -- Finding a Place: Context-Based Music Therapy in a Transitional Centre for Children with Autistic Spectrum Conditions:

With Autism; Part 3 -- Music Therapy Approaches Connected With Autistic Identity And Culture; Chapter 11 -- Voice and the Autistic Self: An Exploration into How Non-Verbal Voicework in Music Therapy Can Support Intersubjective RelatednessChapter 12 -- Valuing Neurodiversity: A Humanistic, Non-Normative Model of Music Therapy Exploring Rogers' Person-Centred Approach with Young Adults with Autism Spectrum Conditions; Chapter 13Self-Realisation in Music Therapy: Developing Insight into the Young Autistic Person's Sense of Self in the Quest for Wholeness Through a Synthesis of Music Therapy, Psychosynthesis and a Developing Sense of Self; Postlude: Music Therapy and Autism Across the LifespanAppendix 1: An example of integrating ideas from music theraphy into classroom music-making; Contributors to the Book; Subject Index; Author Index; Blank Page

Chapter 10 -- A Team Approach to Supporting Mark's Journey to Increased Social Engagement: Music Therapy Work with a Young Man

Sommario/riassunto

The use of music therapy is long established with people with Autistic Spectrum Conditions. The combination of using music and relationship work in person-centred approaches supports the three main areas of difficulty people with autism often experience; social interaction, communication and imagination. Current research supports the positive psychological benefits of music therapy when people with autism spectrum conditions engage with music therapy. This book celebrates the richness of music therapy approaches and brings together the voices of practitioners in the UK. With a strong focus on practice-based evidence it showcases clinicians, researchers and educators working in a variety of settings across the lifespan.