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Titolo	Positive working relationships in school : supporting emotional health and wellbeing // Alison Waterhouse
Pubbl/distr/stampa	Abingdon, Oxon ; ; New York, NY : , : Routledge, , 2019
ISBN	0-429-42808-1 0-429-76592-4
Descrizione fisica	1 online resource (249 pages)
Disciplina	370.1534
Soggetti	Affective education Teacher-counselor relationships Students - Mental health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover; Half Title; Title; Copyright; Dedication; Contents; Introduction; CHAPTER 1 Communication; Active listening; Body language; Facial expressions; The language we use; Thinking before you speak; Conversational skills; CHAPTER 2 Respecting yourself and others; Co-operation; Sharing and taking turns; No bullying, teasing or put-downs; Appreciate the benefits of diversity and celebrate difference; Treating people equally; Being assertive; Empathy: Walking in another person's shoes; CHAPTER 3 Friendship; Interactions; Co-operation; Respecting confidences; Positive feedback Acknowledge when you have made a mistake Being kind and thoughtful; Being able to welcome the ideas of others; CHAPTER 4 Participation; Taking part and having a go; Including everyone; Working together; Building your confidence; Resilience; Focusing and concentration; CHAPTER 5 Resolving conflict; Active listening; Being open to new ideas; Points of view; Compromise; Problem solving; Recounting; Persistence; CHAPTER 6 Team building and collaboration; Respect; Encouragement; Accepting the opinions and ideas of others; Flexibility; Constructive feedback; Problem solving; Supporting others
Sommario/riassunto	One of the five books in the Mental Health and Wellbeing Teacher Toolkit, this practical resource focuses on developing the skills

necessary to build and maintain successful relationships. The book offers research-driven, practical strategies, resources and lesson plans to support educators and health professionals. Chapters span key topics including Communication, Respecting Yourself and Others, Resolving Conflict and Team Building. A complete toolkit for teachers and counsellors, this book offers: Easy-to-follow and flexible lesson plans that can be adapted and personalised for use in lessons, smaller groups or 1:1 work. Resources that are linked to the PSHE and Wellbeing curriculum for KS1, KS2 and KS3. New research, 'Circles for Learning', where the introduction of baby observation into the classroom by a teacher is used to understand and develop self-awareness, skills for learning, relationships, neuroscience and awareness of others. Sections on the development of key skills in communication, skills for learning, collaboration, empathy and self-confidence. Learning links, learning objectives and reflection questions. Offering research-driven, practical strategies and lesson plans, *Positive Relationships in School* is an essential resource book for practitioners looking to have a positive impact on the mental health and wellbeing of the children and young people in their care: both now and in the future.

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