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| 1. Record Nr. | UNINA9910793610503321 |
| Autore | Walser Robyn D. |
| Titolo | The heart of ACT : developing a flexible, process-based, and client-centered practice using acceptance and commitment therapy // Robyn D. Walser ; with Manuela O'Connell and Carlton Coulter ; foreword by Steven C. Hayes |
| Pubbl/distr/stampa | Oakland, California : , : Context Press, , [2019] ©2019 |
| ISBN | 1-68403-040-4 |
| Descrizione fisica | 1 online resource (250 pages) |
| Disciplina | 616.891425 |
| Soggetti | Acceptance and commitment therapy |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Part 1: Building Heart Through the ACT Core Processes -- Chapter 1. Getting Your ACT Together -- Chapter 2. Living Life from the Feet Up: Open, Aware, Engaged -- Chapter 3. Open and Aware: Knowledge of Self in Relation to Other -- Chapter 4. Engaged: Existence and Purpose -- Chapter 5. Growing Your Therapeutic Fluency: What You Say and How You Say It -- Part 2: Building Heart Through Unfolding Experience -- Chapter 6. Engagement in Process -- Chapter 7. Overarching, Interpersonal, and Intrapersonal Process in Practice -- Chapter 8. The Clinician's Experience: A Closer Look at the Intrapersonal Process -- Chapter 9. The Client and Clinician Experience: Exploring Interpersonal Process Through Challenge -- Chapter 10. The Stance of the ACT Therapist -- Epilogue: Owning Your Life; Living with Heart |
| Sommario/riassunto | "In The Heart of ACT, renowned acceptance and commitment therapy (ACT) trainer Robyn Walser explores ACT as a process-based therapy incorporating intrapersonal and interpersonal processes, as well as the six core components of psychological flexibility to connect clinicians to the dynamic and relational implementation of ACT. Engaging clinical scenarios, therapeutic insights, and supervision dialogues are offered to help clinicians move beyond their conceptual understanding of ACT principles to master the nuances of the therapeutic relationship at the heart of ACT. Using the tips and strategies in this professional guide, |

clinicians will learn to develop a flexible, grounded, and client-centered practice"--

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| 2. Record Nr. | UNINA9910795050403321 |
| Autore | Harper Kristine H. |
| Titolo | Aesthetic sustainability : product design and sustainable usage / / [Kristine H. Harper] |
| Pubbl/distr/stampa | Abingdon, Oxon ; ; New York, NY : , : Routledge, , [2018] |
| ISBN | 1-351-74903-X 1-315-19041-9 1-351-74902-1 |
| Descrizione fisica | 1 online resource (170 pages) |
| Collana | Routledge Studies in Sustainability |
| Disciplina | 628 |
| Soggetti | Sustainable design Product design - Environmental aspects Consumption (Economics) - Environmental aspects |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Nota di bibliografia | Includes bibliographical references and indexes. |
| Nota di contenuto | chapter Introduction -- chapter 1 The Pleasure of the Familiar -- chapter 2 The Pleasure of the Unfamiliar -- chapter 3 The expression of flexible aesthetics -- chapter 4 Designing the temporal object -- chapter 5 The magical thing -- chapter 6 The value of aesthetic sustainability -- chapter 7 Aesthetic strategy. |
| Sommario/riassunto | "Why do we readily dispose of some things, whereas we keep and maintain others for years, despite their obvious wear and tear? Can a greater understanding of aesthetic value lead to a more strategic and sustainable approach to product design? Aesthetic Sustainability: Product Design and Sustainable Usage offers guidelines for ways to reduce, rethink, and reform consumption. Its focus on aesthetics adds a new dimension to the creation, as well as the consumption, of sustainable products. The chapters offer innovative ways of working with expressional durability in the design process. Aesthetic Sustainability: Product Design and Sustainable Usage is related to |

emotional durability in the sense that the focus is on the psychological and sensuous bond between subject and object. But the subject-object connection is based on more than emotions: aesthetically sustainable objects continuously add nourishment to human life. This book explores the difference between sentimental value and aesthetic value, and it offers suggestions for operational approaches that can be implemented in the design process to increase aesthetic sustainability. This book also offers a thorough presentation of aesthetics, focusing on the correlation between the philosophical approach to the aesthetic experience and the durable design experience. The book is of interest to students and scholars working in the fields of design, arts, the humanities and social sciences; additionally, it will speak to designers and other professionals with an interest in sustainability and aesthetic value."--Provided by publisher.

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| 3. Record Nr. | UNINA9910814319403321 |
| Autore | Reamer Frederic G. <1953-> |
| Titolo | On the parole board : reflections on crime, punishment, redemption, and justice / / Frederic G. Reamer |
| Pubbl/distr/stampa | New York ; ; Chichester, West Sussex : , : Columbia University Press, , 2017 ©2017 |
| ISBN | 0-231-54332-8 |
| Descrizione fisica | 1 online resource (292 pages) |
| Disciplina | 364.6/206 |
| Soggetti | Parole Punishment Retribution Justice |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Previously issued in print: 2016. |
| Nota di bibliografia | Includes bibliographical references. |
| Nota di contenuto | Frontmatter -- Contents -- Preface -- Note to Readers -- 1. Getting Started -- 2. Goodness and Evil -- 3. On Being a Victim -- 4. Punishment, Retribution, and Shame -- 5. Redemption and Hope -- 6. |

Sommario/riassunto

Few people experience life inside of prison. Even fewer are charged with the formidable responsibility of deciding whether inmates should be released. In his twenty-four years on the Rhode Island Parole Board, Frederic G. Reamer has judged the fates of thousands of inmates, deciding which are ready to reenter society and which are not. It is a complicated choice that balances injury to victims and their families against an offender's capacity for transformation. With rich retellings of criminal cases-some banal, some brutal-On the Parole Board is a singular book that explains from an insider's perspective how a variety of factors play into the board's decisions: the ongoing effect on victims and their loved ones, the life histories of offenders, the circumstances of the crimes, and the powerful and often extraordinary displays of forgiveness and remorse. Pulling back the curtain on a process largely shrouded in mystery, Reamer lays bare the thorny philosophical issues of crime and justice and their staggering consequences for inmates, victims, and the public at large. Reamer and his colleagues often hope, despite encountering behavior at its worst, that criminals who have made horrible mistakes have the capacity for redemption. Yet that hope must be tempered with a realistic appraisal of risk, given the potentially grave consequences of releasing an inmate who may commit a future crime. This book will appeal to anyone interested in the complexities of the criminal justice system, the need to correct its injustices, and the challenges of those who must decide when justice has been served.
