

1. Record Nr.	UNINA9910793579103321
Autore	Nardone Giorgio <1958->
Titolo	International dictionary of psychotherapy / / Giorgio Nardone and Alessandro Salvini
Pubbl/distr/stampa	Milton Park, Abingdon, Oxon ; ; New York, NY : , : Routledge, , 2019
ISBN	0-429-65860-5 0-429-65616-5 0-429-02478-9
Descrizione fisica	1 online resource (611 pages)
Disciplina	616.89/1403
Soggetti	Psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Cover; Half Title; Title Page; Copyright Page; Table of Contents; List of contributors; Contributors; Editorial Board; English Edition; Introduction; The eight paradigms and their respective theoretical-applicative models; Historical overview of systemic family therapy and its most significant figures; Therapeutic paradigms and their models; Dictionary entries A-Z; Appendix: Empirical research in psychotherapy; Introduction; Empirically supported treatments: the evidence-based medicine movement in psychotherapy; Are randomized clinical trials the best approach in psychotherapy research? Has the evidence-based rationale really changed clinical practice? The "common factors" perspective; Meta-analysis contributions in the "common factors" perspective; Effective psychotherapies: better than placebo and superior to drug treatments; Notes
Sommario/riassunto	The International Dictionary of Psychotherapy is a systematized compendium of the numerous psychotherapies that have evolved over the past 30 years. With contributions from over 350 experts in the field, it highlights the diverse schools of psychotherapy, tracing their histories and traditions, while underlining their specific strengths in dealing with human behaviours, feelings and perceptions in the contemporary world. The book traces eight principal paradigms: psychodynamic, behavioural, existential-humanistic, body-expression,

systemic-relational, cognitive, interactional-strategic and eclectic. It presents to the expert and non-expert reader an array of models that grew from a specific paradigm, sharing the same fundamental epistemology and therapeutic strategies. This is accomplished through a reader-friendly approach that presents clear definitions of the key constructs of each paradigm, and transversal concepts that are common to the diverse practices of psychotherapy. The International Dictionary of Psychotherapy provides a clear picture of the numerous types of psychotherapeutic treatments and their applications, while offering a close examination of the efficacy and evaluative methods developed as a result of numerous debates and research carried out within the psychotherapeutic community. It represents an essential resource for psychotherapeutic and psychoanalytic practitioners and students, regardless of background or creed.
