Record Nr. UNINA9910793571703321 Autore Baker Tommy **Titolo** The leap of your life: how to redefine risk, quit waiting for "someday," and live boldly / / Tommy Baker Pubbl/distr/stampa Hoboken, New Jersey:,: Wiley,, [2019] ©2019 **ISBN** 1-119-55243-5 1-119-55252-4 Edizione [1st edition] Descrizione fisica 1 online resource (290 pages) BUS071000BUS000000BUS041000 Classificazione 650.1 Disciplina Soggetti Leadership Management **BUSINESS & ECONOMICS / Management BUSINESS & ECONOMICS / Leadership BUSINESS & ECONOMICS / General** Lingua di pubblicazione Inglese Materiale a stampa **Formato** Livello bibliografico Monografia Note generali Includes index. Nota di contenuto Machine generated contents note: Foreword Introduction PART I: Leaning on The Edge Chapter 1: Daring to Dream Chapter 2: What's Holding You Back Chapter 3: Life, Unlived Chapter 4: Risk, Redefined PART II: Before Your Journey Chapter 5: Know Yourself Chapter 6: Release the Noise Chapter 7: Light Your Life on Fire Chapter 8: Crafting the Vision Chapter 9: Embrace Your Moment PART III: The Leap of Your Life Chapter 10: The Business Leap (Purpose, Unleashed) Chapter 11: The Physical Leap (Vitality on Fire) Chapter 12: The Spiritual Leap (Disconnect to Reconnect) Chapter 13: The Connection Leap (Love out Loud) PART IV: Coming Home Chapter 14: Brave New World Chapter 15: The Evolution of You Chapter 16: Your Declaration Resources Acknowledgments About the Author Index. There's a bold decision in your life you've been waiting to make, and Sommario/riassunto every day passing by is a reminder of what hasn't happened. Conveniently tucked in a box labeled 'someday,' the fear of the unknown has taken a grip on your life and put your dreams on hold. Until now. Whether your leap is guitting the soul sucking job and

starting your own business, taking a bold chance on love or finally going all in on your dreams, The Leap of Your Life is the ticket to get you there. All while having the time of your life and ensuring you don't wake up years down the line with a sinking feeling of regret. Author and high-performance coach Tommy Baker has helped thousands of everyday people identify and take their leap, step into courage and create a life they can't wait to wake up for. After interviewing 250+ of the world's most powerful entrepreneurs, thought leaders, experts, spiritual teachers and athletes he discovered a common theme: They all took a leap, even if they were full of fear—and it radically transformed their experience of life. If you're ready to: Re-define risk and stop playing small Step into the boldest version of yourself Give yourself permission to take a chance Live the Hero's Journey of your life story Eradicate regret and 'what could have been' . . . then look no further and order The Leap Of Your Life now!