1. Record Nr. UNINA9910793541403321 Creative arts therapies and the LGBTQ community: theory and practice Titolo // edited by Briana MacWilliam [and three others] Pubbl/distr/stampa London; ; Philadelphia:,: Jessica Kingsley Publishers,, 2019 **ISBN** 1-78450-802-0 Descrizione fisica 1 online resource (290 pages) Disciplina 616.89/165608664 Soggetti Arts - Therapeutic use Sexual minorities - Mental health Sexual minorities - Counseling of Lingua di pubblicazione Inglese Formato Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Intro -- Creative Arts Therapies and the LGBTQ Community. Edited by Briana MacWilliam, Brian T. Harris, Dana George Trottier and Kristin Long -- Acknowledgments -- Introduction by Dana George Trottier, Kristin Long, Briana MacWilliam, and Brian T. Harris -- 1. Exploring Social Justice and Dismantling Dominant Narratives through Creative Arts Peer Supervision by Dana George Trottier and Britton Williams --2. Queering the Conversation by Britton Williams and Dana George Trottier -- 3. Therapist as Guide by Dana George Trottier -- 4. Some Considerations Regarding the Path to Parenting for Lesbian Couples by Judith Luongo -- 5. Attuning to the Needs of LGBTQ Youth by Mark Beauregard and Kristin Long -- 6. Seeing and Meeting the Other…Clearly by Cara A. Gallo-Jermyn -- 7. Identity, Awareness, and Disclosure of Sexual Orientation in Creative Arts Therapy by Brian T. Harris -- 8. Seeking the Uncensored Self by Julie Lipson -- 9. An Artist Affected by AIDS by Beth Gonzalez-Dolginko --10. Exploring Gender Identity and Sexuality through Portraiture and Mixed Media by Mikella Millen -- 11. There is no Black or White in the Rainbow by Sara Gluck and Michael Kariyev -- 12. Finding New Communities in Long-Term Care by Liisa Murray and Olivia Cohen --Glossary of Terms by Ashley L. Koenig -- Contributors -- Subject Index

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## Sommario/riassunto

Providing theory and practical interventions, this book is the perfect companion to creative arts therapy students and professionals who wish to work with the LGBTQ community and the unique challenges that sexual minorities, transgender and gender non-conforming (TGNC) clients face today. Considering ally development, unconscious bias and intersectionality, the book provides theory, case studies and practical guidance for working with this client group, as well as experiences emerging from within the LGBTQ and CATs community. The contributors cover a wide range of topics, from exploring sexuality and gender identity through portraiture to facilitating a music therapy group with transgender clients, and foster ally development in senior living communities through a multimodal approach. With research finding that people from the LGBTQ community are at increased risk of depression and anxiety, Creative Art Therapies and the LGBTQ Community provides indispensable guidance for therapists.