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Titolo	One Size Fits None : A Farm Girl's Search for the Promise of Regenerative Agriculture / / Stephanie Anderson
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Sommario/riassunto	"2019 Midwest Book Award for Nature 2020 High Plains Book Award Finalist "Sustainable" has long been the rallying cry of agricultural progressives; given that much of our nation's farm and ranch land is already degraded, however, sustainable agriculture often means maintaining a less-than-ideal status quo. Industrial agriculture has also co-opted the term for marketing purposes without implementing better practices. Stephanie Anderson argues that in order to provide nutrient-rich food and fight climate change, we need to move beyond sustainable to regenerative agriculture, a practice that is highly tailored to local environments and renews resources. In One Size Fits None Anderson follows diverse farmers across the United States: a South Dakota bison rancher who provides an alternative to the industrial feedlot; an organic vegetable farmer in Florida who harvests microgreens; a New Mexico super-small farmer who revitalizes communities; and a North Dakota midsize farmer who combines livestock and grain farming to convert expensive farmland back to native prairie. The use of these nontraditional agricultural techniques show how varied operations can give back to the earth rather than

degrade it. This book will resonate with anyone concerned about the future of food in America, providing guidance for creating a better, regenerative agricultural future." -- Provided by publisher
