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Nota di contenuto	Introduction : the fairy-tale dream -- Part One. What's Your Once upon a Time? -- 1. Wired for love -- 2. Monkey see, monkey do -- 3. Mirror, mirror, on the wall -- 4. It all goes back to the toy box -- Part Two. Deconstructing the Myths of Love -- 5. Anchoring in rough seas -- 6. Someday my prince will come -- 7. You had me at hello -- 8. Later, at the xastle -- Part Three. Working Toward Happily Ever after -- 9. Speak the truth -- 10. Fight fair and forgive often -- 11. Play together; 12. Maintain curiosity -- Conclusion : reclaiming the story of love.
Sommario/riassunto	"Although we were created for loving, intimate relationships, we've lost our understanding of how to find and maintain them. Andrea Gurney wants readers to discover more authentic connections that aren't made of wishes, so she equips us with practices from psychology, biblical truths, and lessons from relationship science. She also helps us examine our developmental history, including how cultural and familial messages take root in our psyches. Together, these tools craft a solid foundation on which lasting love can be built"--