

1. Record Nr.	UNINA9910793094803321
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Titolo	Encyclopedia of Football Medicine, Volume 3 : Protecting the Player / / by: Meyer, Tim, Beasley, Ian, Bahtijarevic, Zoran, Dupont, Grégory, Earl, Mike, Ekstrand, Jan, Maughan, Ronald J., Palmer, Jason, Willis, Christopher
Pubbl/distr/stampa	Stuttgart, Germany : , : Thieme, , 2017 ©2017
ISBN	3-13-258202-6 3-13-220371-8
Descrizione fisica	1 online resource (x, 129 pages) : color illustrations
Collana	Thieme clinical collection.
Disciplina	617.1027
Soggetti	Sports injuries
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Injury Prevention -- Rehabilitation in Football Medicine -- Psychology -- Football Nutrition -- Fatigue and Recovery in Football -- Nutritional supplements -- Anti-Doping -- Match and Tournament Preparation -- Precompetition and Pretransfer Medical Screening -- Annex
Sommario/riassunto	Volume 3 covers a range of multidisciplinary topics that aim to ensure that players can compete safely and maintain peak fitness and performance, while preventing disabling injuries insofar as possible. -- Publisher