

1. Record Nr.	UNINA9910793074303321
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Titolo	Aromatherapy
Pubbl/distr/stampa	[Place of publication not identified] : , : BarCharts, Inc., , [2015]
ISBN	1-4232-3748-X 1-4232-2911-8
Descrizione fisica	1 online resource (6 pages)
Collana	Quick Study Health
Disciplina	615.321
Soggetti	Aromatherapy Essences and essential oils - Therapeutic use
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	Essential oils can be powerfully therapeutic when used correctly and have a wide variety of uses. Learn how to buy quality oils, store them, dilute and use oils safely to be healthier and happier. In 6 laminated pages we give you the expert information you need in a very well rounded guide to better health.Suggested uses: <ul style="list-style-type: none"> <li>o Beginners - powerful tool for anyone who is interested in using aromatherapy for a holistic approach to better health in lifeo Holistic Health Practitioners - use as reference for those you are treating with aromatherapy - can be customized as a giveaway for your businesso Health Markets - sell these reference guides to promote aromatherapy, your store and the essential oils you carry</li> </ul>