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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Exploring the concept of cyberspace -- The human information processor -- The population(s) of cyberspace -- Attracting attention in the digital environment -- Digital gaming, brain training and cognition -- Multitasking -- Task switching and digital technology : the impact of interruptions -- Technology and education -- Decision-making in the online environment : credibility -- Search strategies and heuristics -- Technology addictions and cognition -- The end : where do we go from here?
Sommario/riassunto	Technology is developing rapidly. It is an essential part of how we live our daily lives-in a mental and physical sense, and in professional and personal environments. Cybercognition explores the ideas of technology addiction, brain training, and much more. This text provides readers with a guide to understanding concepts related to the online world. It answers important questions: . What is the impact of digital technology on our learning, memory, attention, problem-solving, and decision making? . If we continue to use digital technology on a large scale, can it change the way we think? . Can human cognition keep up with technology? Suitable for students on Cyberpsychology and Cognitive Psychology courses at all levels, as well as anyone with an inquiring mind.

