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Titolo	Breathe Easy [[electronic resource]] : A Guide to Better Breathing // Donald A. Mahler, MD
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ISBN	1-5126-0080-6
Descrizione fisica	1 online resource (168 pages) : illustrations
Disciplina	616.24
Soggetti	Lungs - Diseases - Treatment Lungs - Diseases Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	How to breathe -- Second wind -- Why am I short of breath? -- Asthma -- Chronic obstructive pulmonary disease -- Correct inhaler use -- Interstitial lung disease -- Will exercise help? -- Other strategies to relieve shortness of breath -- Traveling with oxygen.