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Nota di contenuto	Intro -- TABLE OF CONTENTS -- PART ONE - THE TECHNIQUES OF INDIVIDUAL SUBMISSION -- CHAPTER ONE - YOU TOO WOULD CONFESS -- The Enforced Confession -- Mental Coercion and Enemy Occupation -- Witchcraft and Torture -- The Refinement of the Rack -- Menticide in Korea -- CHAPTER TWO - PAVLOV'S STUDENTS AS CIRCUS TAMERS -- The Salivating Dog -- The Conditioning of Man -- Isolation and Other Factors in Conditioning -- Mass Conditioning Through Speech -- Political Conditioning -- The Urge to Be Conditioned -- CHAPTER THREE - MEDICATION INTO SUBMISSION -- The Search for Ecstasy Through Drugs -- Hypnotism and Mental Coercion -- Needling for the Truth -- The Lie-Detector -- The Therapist as an Instrument of Coercion -- CHAPTER FOUR - WHY DO THEY YIELD? THE PSYCHODYNAMICS OF FALSE CONFESSION -- The Upset Philosopher -- The Barbed-Wire Disease -- The Moment of Sudden Surrender -- The Need to Collapse -- The Need for Companionship -- Blackmailing Through Overburdening Guilt Feelings -- The Law of Survival Versus the Law of Loyalty -- The Mysterious Masochistic Pact -- A Survey of Psychological Processes involved in Brainwashing and Menticide -- PART TWO - THE TECHNIQUES OF MASS SUBMISSION -- CHAPTER FIVE -

THE COLD WAR AGAINST THE MIND -- The Public-Opinion Engineers -- Psychological Warfare as a Weapon of Terror -- The Indoctrination Barrage -- The Enigma of Coexistence -- CHAPTER SIX - TOTALITARIA AND ITS DICTATORSHIP -- The Robotization of Man -- Cultural Predilection for Totalitarianism -- The Totalitarian Leader -- The Final Surrender of the Robot Man -- The Common Retreat from Reality -- The Retreat to Automatization -- The Womb State -- CHAPTER SEVEN - THE INTRUSION BY TOTALITARIAN THINKING -- The Strategy of Terror -- The Purging Rituals -- Wild Accusation and Black Magic -- Spy Mania -- The Strategy of Criminalization. Verbocracy and Semantic Fog-Talking the People into Submission -- Logocide -- Labelomania -- The Apostatic Crime in Totalitaria -- CHAPTER EIGHT - TRIAL BY TRIAL -- The Downfall of Justice -- The Demagogue as Prosecutor and Hypnotist -- The Trial as an Instrument of Intimidation -- The Congressional Investigation -- The Witness and His Subjective Testimony -- The Right to Be Silent -- Mental Blackmail -- The Judge and the Jury -- Televised Interrogation -- The Quest for Detachment -- CHAPTER NINE - FEAR AS A TOOL OF TERROR -- The Fear of Living -- Our Fantasies About Danger -- Paradoxical Fear -- Regression -- Camouflage and Disguise -- Explosive Panics -- The Body Takes Over -- PART THREE - UNOBTRUSIVE COERCION -- CHAPTER TEN - THE CHILD IS FATHER TO THE MAN -- How Some Totalitarians May Develop -- The Moulding Nursery -- The Father Cuts the Cord -- CHAPTER ELEVEN - MENTAL CONTAGION AND MASS DELUSION -- The Affirmation of My Own Errors -- Stages of Thinking and Delusion -- The Loss of Verifiable Reality -- Mass Delusion -- The Danger of Mental Contagion -- The Explanation of Delusion -- The Liberation from Magic Thinking -- CHAPTER TWELVE - TECHNOLOGY INVADES OUR MINDS -- The Creeping Coercion by Technology -- The Paradox of Technology -- CHAPTER THIRTEEN - INTRUSION BY THE ADMINISTRATIVE MIND -- The Administrative Mind -- The Ailments of Those in Public Office -- The Conference of Unconscious Minds -- The Bureaucratic Mind -- CHAPTER FOURTEEN - THE TURNCOAT IN EACH OF US - THE CONFUSING INFLUENCE OF THE PROBLEM OF TREASON AND LOYALTY -- The Involuntary Traitor -- The Concept of Treason -- The Traitor who Consciously takes Option for the Other Side -- Our Treacherous Intellect -- Self-Betrayal -- The Development of Loyalty -- In Praise of Nonconformity -- The Loyalty Compulsion -- PART FOUR - IN SEARCH OF DEFENSES. Indoctrination Against Indoctrination? -- CHAPTER SIXTEEN - EDUCATION FOR DISCIPLINE OR HIGHER MORALE -- The Role of Education -- Discipline and Morale -- Discipline and Brainwashing -- The Breaking Point and Our Capacity for Frustration -- CHAPTER SEVENTEEN - FROM OLD TO NEW COURAGE WHO RESISTS LONGER AND WHY? -- The Myth of Courage -- The Morale-Boosting Idea -- The New Courage -- CHAPTER EIGHTEEN - FREEDOM-OUR MENTAL BACKBONE -- The Democratizing Action of Psychology -- The Battle on Two Fronts -- The Paradox of Freedom -- The Future Age of Psychology.

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Sommario/riassunto

"SINCE 1933, when a completely drugged and trial-conditioned human wreck confessed to having started the Reichstag fire in Berlin, Dr. Joost A. M. Meerloo has studied the methods by which systematic mental pressure brings people to abject submission, and by which totalitarians imprint their subjective "truth" on their victims' minds. The first two and one-half years of WWII, Dr. Meerloo spent under the pressure of Nazi-occupied Holland, witnessing at first-hand the Nazi methods of mental torture on more than one occasion...Then, after personal experiences with enforced interrogation, he escaped from a Nazi prison and certain death to England, where he was able, as Chief of the

Psychological Department of the Netherlands Forces, to observe and study coercive methods officially....After the war, he came to the United States...As more and more cases of thought control, brainwashing, and mental coercion were disclosed - Cardinal Mindszenty, Colonel Schwable, Robert Vogeler, and others - his interest grew. It was Dr. Meerloo who coined the word menticide, the killing of the spirit, for this peculiar crime...It is Dr. Meerloo's position that through pressure on the weak points in men's makeup, totalitarian methods can turn anyone into a "traitor." And in *The Rape of the Mind* he goes far beyond the direct military implications of mental torture to describing how our own culture unobtrusively shows symptoms of pressurizing people's minds. He presents a systematic analysis of the methods of brainwashing and mental torture and coercion, and shows how totalitarian strategy, with its use of mass psychology, leads to systematized "rape of the mind." He describes the new age of cold war with its mental terror, verbocracy, and semantic fog, the use of fear as a tool of mass submission and the problem of treason and loyalty, so loaded with dangerous confusion. *The Rape of the Mind* is written for the interested layman, not only for experts and scientists."-Print ed.

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