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Autore	Eknath Easwaran <1910-1999.>
Titolo	Essence of the Upanishads [[electronic resource]] : a key to Indian spirituality / / Eknath Easwaran
Pubbl/distr/stampa	Tomales, CA, : Nilgiri Press, c2009
ISBN	1-282-48703-5 9786612487033 1-58638-037-0
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Descrizione fisica	1 online resource (304 p.)
Collana	Wisdom of India
Altri autori (Persone)	EknathEaswaran <1910-1999.>
Disciplina	294.59218
Soggetti	Sacred books
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes a translation of the Katha Upanishad by Eknath Easwaran. Rev. ed. of: Dialogue with death : Petaluma, CA : Nilgiri Press, c1981. Includes index.
Nota di contenuto	Table of Contents; preface; Introduction; Further Reading; The Katha Upanishad; Index
Sommario/riassunto	Through his interpretation of one important Upanishad, an ancient wisdom text, Eknath Easwaran shows how the timeless Indian tradition offers guidance on how to live today. Lyrical, dramatic, and inspiring, the Katha Upanishad presents the core ideas of Indian mysticism in a mythic story all can relate to ? the adventure of a young hero, Nachiketa, who passes into the kingdom of Death in search of immortality. The King of Death tests his resolve, but the teenager stands firm, demanding answers to the age-old questions, ""What is the purpose of life? What happens to me when I die?"" Death