

1. Record Nr.	UNINA9910792363903321
Autore	Chiari Gabriele
Titolo	Constructivist psychotherapy : a narrative hermeneutic approach // Gabriele Chiari and Maria Laura Nuzzo
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2010
ISBN	1-135-23990-8 1-135-23991-6 1-282-57641-0 9786612576416 0-203-86673-8
Descrizione fisica	1 online resource (231 p.)
Collana	Advancing theory in therapy
Altri autori (Persone)	NuzzoMaria Laura
Disciplina	616.89/1425
Soggetti	Constructivism (Psychology) Personal construct therapy Cognitive therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Series preface; Preface; Acknowledgements; Chapter 1 Personal construct psychotherapy: forerunner of constructivist psychotherapies; Chapter 2 Psychological constructivism and constructivist trends in psychotherapy; Chapter 3 A constructivist understanding of the person; Chapter 4 The therapist's understanding of the client; Chapter 5 The therapist's construction of the client's narrative; Chapter 6 An ontological venture: the psychotherapy process; Glossary; References; Author index; Subject index
Sommario/riassunto	Psychotherapy has undergone major changes in recent years, with a variety of new approaches including cognitive-behavioural therapy joining the more traditional and widespread schools of thought. These new approaches all share the epistemological assumption of constructivism, which states that there are alternative ways of looking at events and that we interpret events according to how we see the world. Constructivist Psychotherapy reviews the constructivist trends in psychotherapy which link these new approaches, allowing the reader to

enter an entirely new dialogue.
