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| 1. Record Nr.           | UNINA9910792283903321   |
| Autore                  | Smith Maggie Yaxley   |
| Titolo                  | Finding love in the looking glass : a book of counselling case stories / /<br>Maggie Yaxley Smith   |
| Pubbl/distr/stampa      | London : , : Routledge, , 2018  |
| ISBN                    | 0-429-91377-X<br>9780429896937<br>0-367-32310-9<br>0-429-89954-8<br>0-429-47477-6<br>1-78241-235-2  |
| Descrizione fisica      | 1 online resource (225 p.)  |
| Disciplina              | 158.3   |
| Soggetti                | Counseling<br>Self-actualization (Psychology)<br>Anorexia<br>Depression, Mental<br>Cocaine abuse  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | These case stories show what can be achieved in counselling and how the counselling relationship can enable people to change their lives. All characters in these stories are entirely fictitious. The writer creates and develops the characters, drawing from her considerable experience as a counsellor, and shows how she would use her particular style of brief, humanistic counselling with them -- Page xii. |
| Nota di bibliografia    | Includes bibliographical references (pages 194-200) and index.  |
| Nota di contenuto       | COVER; CONTENTS; ACKNOWLEDGEMENTS; ABOUT THE AUTHOR; Introduction; CASE ONE Lan-li's story: finding love in the looking glass; CASE TWO Shirley and David's story: finding the heart; CASE THREE Michael's story: finding the joy; CASE FOUR Karen's story: finding a reason to live; APPENDIX Useful books, articles, and websites; INDEX  |
| Sommario/riassunto      | Never has there been such a hunger to understand relationships, both with our self and with others, and this book contains valuable insights into the fascinating and dynamic dialogues between clients and their counsellor. Although the clients presented here are entirely fictitious,  |

they become real and easy to connect with as the reader is taken deeper into the unfolding intimacy of the counselling room. A variety of interventions are used but what is most instrumental in empowering the clients is the relationship that develops with themselves. These clients show us how we can successfully ove

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