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Sommario/riassunto	A study of how John Cassian, a fifth-century Gallic author, tried to direct and reshape the development of Western monasticism. Richard J. Goodrich focuses on how Cassian's ascetic treatises were tailored to persuade a wealthy, aristocratic audience to adopt a more stringent, Christ-centred monastic life. - ;Richard J. Goodrich examines the attempt by the fifth-century ascetic writer John Cassian to influence and shape the development of Western monasticism. Goodrich's close analysis of Cassian's earliest work (The Institutes) focuses on his interaction with the values and preconceptions of a