

1. Record Nr.	UNINA9910464109403321
Autore	Tolin David F.
Titolo	Buried in treasures : help for compulsive acquiring, saving, and hoarding // David F. Tolm, Randy O. Frost, Gail Steketee
Pubbl/distr/stampa	New York, New York : , : Oxford University Press, , 2007 ©2007
ISBN	0-19-972726-0
Descrizione fisica	1 online resource (190 p.)
Disciplina	616.85227
Soggetti	Obsessive-compulsive disorder Compulsive hoarding Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Pages:1 to 25; Pages:26 to 50; Pages:51 to 75; Pages:76 to 100; Pages:101 to 125; Pages:126 to 150; Pages:151 to 175; Pages:176 to 190
Sommario/riassunto	1. How to use this Book 2. What is Compulsive Hoarding? 3. How did this Happen? 4. Meet the Bad Guys 5. Meet the Good Guys: Cognitive-Behavioral Strategies for Beating Hoarding 6. Enhancing Motivation 7. Sorting/Discarding: Getting Ready 8. Sorting/Discarding: Let's Go! 9. Help with Reducing Acquiring 10. Here come the bad guys: Part 1. Motivation and Working Time 11. Here come the bad guys: Part 2. Motivation and taking on the brain 12. Maintaining your Gains

2. Record Nr.	UNINA9910792197703321
Titolo	Land and resource scarcity : capitalism, struggle and well-being in a world without fossil fuels // edited by Andreas Exner. [et al.]
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2013
ISBN	1-136-22317-7 0-203-09756-4 1-299-27948-1 1-136-22318-5
Descrizione fisica	1 online resource (318 p.)
Collana	Routledge studies in environmental policy
Altri autori (Persone)	ExnerAndreas <1973->
Disciplina	333.8/2
Soggetti	Power resources Fossil fuels Renewable energy sources Resource allocation Land supply
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Land and Resource Scarcity; Title Page; Copyright Page; Table of Contents; Notes on the authors; Acknowledgements; Introduction; 1 Exiting the multiple crises through 'green' growth?; 2 The end of the black epoch: fossil fuel peaks; 3 The stuff of the green revolution: nitrogen, potassium and phosphate; 4 Mining between comeback and dead end; 5 Land and the centrality of biomass; 6 The new land grab at the frontiers of the fossil energy regime; 7 Possible futures among dictatorship, chaos, and living well 8 De-growth solidarity: the great socio-ecological transformation of the twenty-first century 9 A strategy of double power: the state and global regulation; References; Index
Sommario/riassunto	This book brings together geological, biological, radical economic, technological, historical and social perspectives on peak oil and other scarce resources. The contributors to this volume argue that these scarcities will put an end to the capitalist system as we know it and alternatives must be created. The book combines natural science with

emancipatory thinking, focusing on bottom up alternatives and social struggles to change the world by taking action. The volume introduces original contributions to the debates on peak oil, land grabbing and social alternatives, thus creating a synthe
