

1. Record Nr.	UNINA9910792194703321
Titolo	Routledge handbook of sports performance analysis / / edited by Tim McGarry, Peter O'Donoghue and Jaime Sampaio
Pubbl/distr/stampa	Abingdon, Oxon : , : Routledge, , 2013
ISBN	1-136-65862-9 0-203-80691-3 1-299-27852-3 1-136-65863-7
Descrizione fisica	1 online resource (xvii, 491 pages) : illustrations
Collana	Routledge handbooks
Altri autori (Persone)	McGarryTim O'DonoghuePeter SampaioAntonio Jaime de Eira
Disciplina	796.01
Soggetti	Sports - Psychological aspects Sports - Physiological aspects Achievement motivation Coaching (Athletics)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section 1. Theoretical aspects of sports performance analysis -- section 2. Measurement and evaluation in sports performance analysis -- section 3. Sports performance analysis in professional contexts -- section 4. Other issues in sports performance analysis -- section 5. Applied sports performance analysis.
Sommario/riassunto	Sport performance analysis techniques help coaches, athletes and sport scientists develop an objective understanding of actual sport performance, as opposed to self-report, fitness tests or laboratory based experiments. For example, contemporary performance analysis enables elite sports people and coaches to obtain live feedback of match statistics and video sequences using flexible internet systems, systems that have become an indispensable tool for all those involved in high performance sport.